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A look at the merits of solid fuel heating systems

Pages 22 and 23

In Biz looks at the latest, brightest, business ideas

Pages 26 and 27

The four-day turn-around. Can battered Wales do it?

BACK PAGE COMMENT by DON JOHN



A piece of Porthcawl's railway heritage was commemorated recently when the refurbishment of Station Hill square was officially opened. (See full story on page 9).
Picture by KEITH E MORGAN

TOP LOCAL COMPANIES ARE HONoured AT BRIDGEND COUNTY BUSINESS AWARDS



LOCAL AM'S CALL 'Just one week to save law courts!'

WITH the deadline looming for local people to make their views known about the proposed closure of Bridgend Law Courts, the Bridgend AM, Carwyn Jones, is asking for a last-minute surge of protest.

The UK Government consultation on the provision of the court and tribunal estate in England and Wales closes on October 8.

The First Minister told The GEM that, with a week to go before the consultation closes, many court users, judiciary, staff and other parties, had already responded to the consultation.

If the planned closure goes ahead, criminal cases will transfer to Cardiff and family matters to Port Talbot.

Mr Jones said: "As a former practitioner, I am greatly concerned by the consequences the closure of Bridgend Law Courts would bring.

"There is no respect

from the UK Government for Welsh court users. I cannot imagine we would close these courts if the justice system was devolved, and I have made my views very clear to the UK

Government. I would urge all those who still wish to have their say, to do so, and ensure that they don't miss the deadline to respond to the consultation.

"We have a week to save Bridgend Law

Courts and then the ball will be firmly back in Michael Gove's court".

The consultation runs until October 8. Further details can be found at www.gov.uk/moj

The Bridgend Business Forum Awards 2015 took place recently. Host Sian Lloyd is pictured with Alison Hoy, chair of the forum, and the winners. For more on this story, please turn to page 4.

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World Cup 'bar' is tonic for hospital patients



Ward 18 manager Sara Ralston and healthcare support worker Leanne Adamson in the Rugby World Cup 'bar'.

THERE'S nothing quite like watching the Rugby World Cup in your local bar – even when it is completely dry!

Patients in Ward 18 in Princess of Wales Hospital, Bridgend, can enjoy all the World Cup action in their very own 'bar' that has been created especially for the occasion.

It includes a replica beer pump that has been donated by one of the ward's many supporters.

Although the pump doesn't actually work, it certainly looks the part and adds to the celebratory atmosphere.

Flags from around the world have also gone up in the day room and in the corridor outside.

Ward 18 has 25 beds for frail elderly medical patients, many of whom have dementia.

Ward manager Sara Ralston said: "While they are staying with us we try to make it a more homely environment to help with stimulation and so they can socialise with other patients."

Patients are encouraged to use the day room for a wide range of activities, including enjoying meals together, reading, listening to music or watching movies, physiotherapy sessions, quizzes, chatting with staff and much more.

Ward 18 healthcare support worker and dementia champion Leanne Adamson said: "To celebrate the Rugby World Cup, we also now have a mock bar, encouraging patients to come here and watch the

rugby." Patients certainly had a tonic with Wales' epic victory at Twickenham last Friday!

As well as the activities in the day room, a lot of work has gone into making the ward's main corridor more interesting.

It now includes a series of picture galleries featuring movie stars, Welsh sports personalities, the Royal Family and singers.

Sara Ralston said: "While they are walking down the corridor patients can look at these familiar faces and reminisce with staff."

She said the improvements that had been made to Ward 18 predated the Andrews Report, Trusted to Care.

"We're very passionate about improving standards of care. We've got a great team here on Ward 18. All our ideas were put together and we've moved forward with improving those standards."

Tenovus shop raises over £500 at fashion show

THE local Tenovus cancer care charity shop held a fashion show, plus cheese and wine evening at All Saints' Church hall in Porthcawl and raised over £500!

Tenovus charity shop volunteers modelled donated clothing and held a raffle, tombola and jewellery stall.

The money raised goes towards the upkeep of the man van and mobile unit in the area. Port Talbot and Afan Women's Aid also held a stall at the fashion show and spoke about their work to break the cycle of domestic abuse and empower women with skills and confidence.



67-year-old was 'called up' to the World Cup squad!

FOR anyone who has just returned from Mars and missed the Rugby World Cup so far, Phil Steele's show in Cardiff would have brought them back to earth.

Broadcaster Phil was at his best, not just with rugby anecdotes, but his moving portrayal of 'And the Band Played Waltzing Matilda'.

noting the 100th anniversary of the World War One ANZAC landings was well received. Bridgend Male Choir, under MD Rhiannon

Williams-Hale, supported by Stephanie Bailey on piano, was on top form, regaling an enthusiastic audience with songs from RWC qualifiers including New Zealand, South Africa, France, USA and many others, as well as singing its brilliant MD's composition. *National Glory* was a medley of home nations' and other favourites.

Chorister Peter Morgan added dramatic narration; and *Don't Cry For Me Argentina*, sung as a duet by Stephanie and Rhiannon brought the house down.

Interspersed with the

singing were interviews with Adrian Hadley and John Devereux, both recalling proud World Cup moments, with expected humour.

A worthy addition was when Phil interviewed 67-year-old chorister Gareth Davies, who had mistakenly received a text call-up to Warren Gatland's squad when he was sitting on a Corfu beach!

It was intended for the *Scarlets' 9* of the same name who starts on Saturday.

It could have been interesting for the bass singer and former Garw Grammar School flyer!

Also introduced from the audience were the ever popular Lyndon Thomas, former Bridgend RFC captain and Clive Norling, formerly one of the most respected referees on the circuit. Apologies to

others not mentioned.

Most importantly the charity to benefit was Shine Cymru, whose chief executive, Kate Steele (wife of Phil) both opened and closed the evening with warm words of welcome, support and appreciation.

Bridgend Male Choir next appears locally at its annual concert next Saturday, October 3 at 7pm.

The venue this year is Tabernacl Welsh Congregational Church on Derwen Road.

It features soprano Ellen Williams and contributions from its music team. Tickets £8 (including programme) are available from Porters Estate Agents, Nolton Street and the church prior to the concert start. Enquiries to choir secretary on 07773 170373.

David T Burt

Macmillan charity says 'thank you'

ON behalf of Macmillan Cancer Support, I would like to thank you readers for their amazing efforts to ensure the success of World's Biggest Coffee Morning.

We know that thousands of coffee mornings were held in schools, workplaces, community centres and homes all over Wales to

raise money to support people affected by cancer.

This year was the 25th anniversary of World's Biggest Coffee Morning and what a fantastic celebration it has been! We have seen photos of the most amazing cakes but we have also seen the most brilliant photos of people getting together with friends and colleagues for a chat, a cup of coffee and a slice of cake to raise money for Macmillan.

Today in Wales, more than 130,000 people are living with and beyond cancer. The money raised will help us to continue to provide services in Wales, including funding our nurses, physiotherapists, welfare benefits advisers and our information centres in some of Wales' hospitals.

Susan Morris, (Head of services for Macmillan Cancer Support in Wales).

Candidate wants trains to come back to Porthcawl

THE Conservative Assembly candidate for Bridgend has called for a study to extend the proposed Cardiff metro system to Porthcawl.

George Jabbour, who is facing First Minister Carwyn Jones AM in next year's elections, has urged the Welsh Labour Government to look into the future and consider a light rail link to Porthcawl.

Mr Jabbour, who has a degree in civil engineering, is calling for a feasibility study.

He said: "Porthcawl is a major tourist destination in Wales and it is vital that it has proper transport links

with major towns and cities to attract more visitors.

"Currently, Porthcawl is linked by buses to other nearby towns. However, based on the published plans of the Welsh Government, the proposed metro system will only link Porthcawl via a 'strategic bus route' to Bridgend. I don't believe that this is much different to the current situation.

"Therefore, I would like to urge the Welsh Government to run a feasibility study to extend the metro system to Porthcawl, other than by bus. Light rail should be considered as one of the possible alternatives."

Art patients' work on show



Occupational therapy technician Louise Taplin with some of the artwork already being prepared ready for next year's awards.

PATIENTS at a mental health hospital in Bridgend will see their award-winning artwork go on display in London.

They have been selected to be part of an exhibition at the South Bank Centre after enjoying outstanding success in this year's Koestler Awards.

These are run by the Koestler Foundation, a UK charity that helps mental health patients, prisoners and detainees lead more positive lives by participating in the arts.

Patients at Caswell Clinic in Bridgend have taken part every year for the last five years – and this year has been their most successful yet.

Caswell Clinic is a medium-secure forensic mental health unit located at Glanrhyd Hospital.

The purpose-built clinic provides specialist healthcare services for people from South, West and Mid Wales who have mental health problems

and are offenders or have the potential to offend.

Occupational therapy technician Louise Taplin encourages patients to enter the Koestler Awards as part of her duties at the clinic.

Louise said: "This year a handful of patients between them produced 35 entries. A lot of them were traditional paintings and drawings but we also had crafts, poems and digital imagery – patients using Photoshop to manipulate images.

"We also had traditional photography, including wildlife pictures by one of our patients who took them while on community leave."

The awards attract more than 7,000 entries annually and everyone gets a participation certificate. There are category winner prizes ranging from £20 for a bronze award to £100 for platinum award.

This year, Caswell had 17 successes, including four platinum awards, along with bronze and silver awards, while other entries were either commended or highly commended.

HIGH TIDE TIMES

(UNTIL OCTOBER 8)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
01 Thur	09.19	10.5	21.42	10.4
02 Fri	09.59	10.2	22.27	9.9
03 Sat	10.45	9.6	23.12	9.2
04 Sun	11.33	8.9	23.57	8.4
05 Mon			24.42	8.2
06 Tues	01.11	7.9	13.47	7.7
07 Wed	02.38	7.6	15.19	7.8
08 Thur	03.52	7.8	16.28	8.2

While THE GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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HOSPITAL PLAYROOM GETS A NEW LOOK AS... Sony staff 'adopt' children's ward at POW for third year

THE children's playroom at Princess of Wales Hospital is to be given a bright new look, thanks to Sony in Bridgend.

It has nominated the children's ward as its charity for the last two years and is set to do so a third time.

Last year, the electronics giant raised £10,000 which was used to buy a Vapo therm machine, which has proved invaluable.

It helps babies and children with breathing difficulties by giving them a higher concentration of oxygen.

Other additional donations included hand-held pulse oximeters, which are used to measure the oxygen levels in the blood, drip stands and other pieces of equipment.

Ward manager Kaye Aherne said: "We have been very fortunate to be the charity which Sony has adopted."

"They have been absolutely fantastic, raising a phenomenal amount of money. We can't thank them enough."



Kaye Aherne and Angela Lewis with the Vapo therm machine.

"The Vapo therm machine proved invaluable during last year's winter months. It really helped some children and babies who had breathing problems."

Sony's latest fundraising event was a huge success with dinner dance and raffles and charity golf day, which raised

another £10,000.

This will be used to remodel the children's outdated playroom and, while the start date has yet to be confirmed, staff have already seen the plans.

The room will be split into different sections, with a parents' area where mums and dads can have a coffee and watch the children playing.

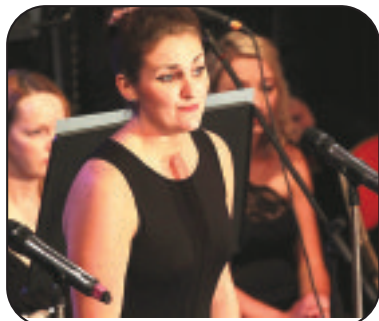
There will also be a teenage area with computer games and screens, set away from the toddler area, and themed areas for children aged three to 10 years.

Kaye added: "This is indeed a dream come true for us, as we didn't think we could ever achieve the playroom upgrade. The plans look fantastic and we can't wait for the work to start."

"Ward sister Angela Lewis and I attended the charity golf evening and it was brilliant. All proceeds raised will benefit the children and families who access our services."

"The team at Sony have been a fantastic support. We really can't thank them enough."

Magical Music with singer Wynne Evans boosts Barnardo's Cymru



ABOVE: Charlotte Bruton.



ABOVE: Wynne Evans and David Hughes.



Magical Music, a concert in aid of Barnardo's Cymru took place in Porthcawl recently at the Grand Pavilion.

David Hughes and Michael Plowman assembled an orchestra and chorus which numbered 81 in total. The orchestra was so large that rows of seats were removed to accommodate them in the auditorium whilst the chorus were on the stage.

Professional and semi-professional instrumentalists came from all parts of South Wales to create the orchestra, many of whom had been members of the Glamorgan Youth Orchestra and the National Youth Orchestra of Wales.

The orchestra and

chorus all gave their time without seeking a fee. It is the sixth year in a row that they have supported David who himself was a former member of both youth orchestras.

The result was a real sense of a special reunion on the night and the packed audience benefitted from this camaraderie.

The programme of music was full of well-known music from films and stage.

The size of the orchestra meant there was a rich sound and an opportunity to present major pieces.

The evening was controlled by the effervescent Wynne Evans who managed to embarrass each performer one by one in his lovely, but wicked, way! He also gave the audience a treat singing some of his favourite

songs. Yvonne Rogers, the director of Barnardo's in Wales, thanked all the performers for giving their time and talents and the audience for their wonderful support of the concert.

She related some of the stories of underprivileged children in Wales who are so grateful to receive help from Barnardo's.

The concert raised over £6,000 on the night and that brings the total raised by the six concerts to over £40,000.

Liz Singer, the chair of the Barnardo's organising committee, said "I am so grateful to David, Mike, all the musicians and to the audience for supporting us over these past six years and allowing us to raise such valuable funds to help the vulnerable children in Wales."

Warm welcome for Ford's £181m investment in Bridgend factory

THERE has been a very warm welcome in Bridgend county borough after the Ford Motor company confirmed that it is to invest more than £165 million in making a new range of engines.

Bridgend County Borough Council (BCBC) welcomed the news that Ford had selected its Bridgend plant to produce the company's next generation of fuel efficient petrol engines.

The move will safeguard up to 750 jobs following a total investment of £181m - £14m of which has been provided by the Welsh Government.

The Welsh Government, which recognises the plant as a major employer in the area, also supports Ford with an annual training grant of £50,000.

Coun Charles Smith, the BCBC cabinet member for regeneration and economic development, said:

"This is fantastic news and a real boost for Bridgend county borough."

"The area has long been identified with major names such as Bridgend Ford and demonstrates the many advantages that the county borough can offer employers, including a skilled local workforce and excellent transportation links."

"Such a significant investment by Ford and the Welsh Government demonstrates their ongoing confidence in the area."

The Bridgend engine plant opened in 1980 and employs a total of 1,860 staff.

Building six and eight cylinder engines for customers, as well as Ford four-cylinder engines, the plant currently produces 3,400 engines a day or one every 24 seconds.

First Minister Carwyn

Jones AM for Bridgend, said: "I welcome Ford's investment and their continuing commitment to the Bridgend area. The investment is excellent news and will safeguard more than 750 skilled Welsh jobs for many years."

South Wales Central AM and Leader of the Welsh Conservatives, Andrew RT Davies, said: "This announcement is excellent news for the area and a sign of confidence in the UK Government's efforts to rebuild the economy."

"The Chancellor's long-term economic plan has been instrumental in driving confidence back into the UK, and without the responsible leadership of the Conservatives in Westminster it's difficult to imagine multi-nationals investing on this scale throughout the country."

"Ford's decision to locate its technologically advanced production here in Bridgend is also a tribute to the skill and experience of the local workforce, and in an era of tough competition this is tremendous news."

'COME AND SING!'

COR Bro Ogwr are looking for new recruits to 'Come and Sing' on Saturday, October 17 - but at an earlier time than printed in last week's GEM.

The programme will contain songs from the musicals, opera choruses, Welsh songs, Handel, and a short classical piece that the choir is currently learning.

'Come and Sing' will take place from 1pm to 12.30pm at Tarbarnacle Church, Derwen Road, Bridgend.

For more information call 01656 653326 or www.cor-bro-ogwr.com.

Exercise class for the new mums

NEW mums looking to get back in shape are invited to join Bridgend Communities First's 'Buggyfit' free exercise sessions at Maesteg Celtic Social Club, starting on Tuesday, October 13, from 9.30am - 10.30am.

Through muscle strengthening and body toning, it is suitable for all new mums, and mums whose children are still in buggies. Admission is free of charge to all those living in Bridgend Communities First postcode areas. For further details, or to book a free place, call Jeremy Dimond on 01656 643518 or 07815 527124.



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Shout plans for Samtampa memorial

ON Wednesday, September 23, a large cross section of the people of Porthcawl and district met at the Grand Pavilion to discuss Porthcawl Shout's Samtampa memorial project.

Led as usual by Porthcawl Shout's chairman Gary Victor, on this occasion assisted by Angharad Wynne, memorial options were discussed and the public present were asked to assist the process by voting for their choice.

While the findings are yet to be analysed, it seems more than likely

that the memorial will take some form of maritime centre near Porthcawl harbour, which could also become a reference point for a complete history of our coastline as Porthcawl will also wish to become involved with 2018 'Year of the Sea'.

Porthcawl Shout remain determined however to see the Samtampa prominently commemorated at its 70 years' anniversary in 2017 and following this meeting a grant application will be submitted to allow the project to proceed further.

CLIVE MORT

YOUR CHANCE TO SHARE THE COMMUNITY NEWS

Aberkenfig WI SUMMER 2015 has been very busy for the ladies of Aberkenfig and District WI but now activities are slowing down with autumn looming.

On September 15 four members – Hilary Crocombe, Peggy Jones, Dee Melton and Eunice Williams – attended the Glamorgan Federation quiz in the Hi-Tide, Porthcawl, where they accounted for themselves very well.

On September 17, 19 members and friends took a trip on the Gwili Railway and the rain kept off until they were on the train enjoying

their cream tea. The ladies agreed it was a lovely way to celebrate the 100th birthday of the Women's Institute organisation.

The next meeting of Aberkenfig WI is on October 14 at 2pm when Deana Owen will speak on her work with children in Zambia. The competition will be for a school photograph.

Aberkenfig WI meets on the second Wednesday of each month in the Len Evans Centre, Heol Persondy, Aberkenfig. There is always a warm welcome for visitors and new members.

For further information ring Dilys on 01656 725399, or visit www.cobwebs.com.

UK Fungus Day

HUNDREDS of fungus fans across the UK are gearing up to celebrate UK Fungus Day on Sunday, October 11 but why celebrate fungi? The answer is, without fungi we wouldn't exist, for they break down organic matter and return goodness to the earth.

Glamorgan Fungus Group and The Wildlife Trust of South & West Wales are inviting the public to Parc Slip Nature Reserve (Tondur, Bridgend) on Sunday, October 11 for guided walks (at 11am and 2pm).

For more information contact a n t a c t

glamorganfungi@gmail.com

Bryncethin WI

AT the meeting on September 17, birthday dates of members were read out and each received a congratulatory card.

Bryncethin WI then welcomed guest speaker Nicola Danson, from NeRD Jewellery Designs, who demonstrated her skills and gave members the opportunity to make their own earrings under her guidance.

Updates from the Glamorgan and Bryncethin WI newsletter were read out and Sarah Webb, Alvys Jones and Teresa Ree listed various events.

Bryncethin WI meet every third Thursday of the month from 6.45pm to 9pm at Bryncethin Memorial Hall. The next meeting will be held on October 15 with a talk on family history research by Jen L Davies.

A Christmas fair will be held at Bryncethin Memorial Hall on Saturday, November 14, 3pm – 6pm. Stallholders welcome, £7 per table.

Laleston Gardening Club

MEMBERS of this active club, which meets at Cliff Cottage, High Street, Laleston, adjacent to the parish church, will be holding a coffee morning to raise funds for Macmillan cancer charity on Saturday, October 10 from 10.30am to 12 noon.

The club has a series of monthly meetings throughout the autumn and winter months on the second Monday of each month at 7.30pm.

At the next meeting on October 12 there will be a talk by Desmond Woods, 'The National Botanic Garden of Wales'.

The club also has a thriving ladies' section which meets on the first and third Tuesday of the

NORTH BRIDGEND NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include every newsworthy subject.

Contact details: **CLIVE MITCHELL**

1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ

TEL: 01656 725399

email: tyncoed1@yahoo.co.uk



month at 7.30pm; on October 6 the section will be holding its annual general meeting.

Communities First

THIS organisation is helping young mothers get back into shape after giving birth, with a series of muscle-strengthening and body-toning exercises, titled 'Buggyfit'. Free to mothers in Bridgend Communities First postcode area, it is being held at Maesteg Celtic Social Club on Tuesdays from 9.30am to 10.30am on October 13 and 20.

For further information, telephone Jeremy Dimond on 01656 643518 / 07815 527124.

Choir call

CŌR Meibion Maesteg a'r Cylch (Maesteg and District male choir) is continuing to seek new members.

Membership is £3 per week and it meets at the Maesteg Celtic Social Club on Thursday evenings at 7pm.

The choir will be performing in concert at St Mary's Church, Garth on October 9 to raise funds for the church restoration programme.

As reported earlier,

Maesteg Gleemen are in concert on October 10 in the local town hall.

Tynyrheol Primary

THE school recently held its annual elections for pupils to form the school council, as follows:

Year-1 – Logan Hume, Gwen Lewis; year-2 – Indigo Brunt, Max Loosmore; year-3 – Megan Grabham, Tom Hopwood; year-4 – Zoe Baird, Dylan Sage; year-5 – Lloyd Grabham, Eloise Whitefield; year-6 – Noah Pook, Ellie Street.

'60-a-day' Gran kicks her smoking habit

A grandmother who kicked her 60-a-day habit with support from Stop Smoking Wales, is calling on local residents to sign-up to the Stoptober challenge to secure a smoke-free future.

Having started smoking at the age of nine, Kay Lewis (45) spent 36 years as a hardened smoker.

Despite starting with only a few cigarettes a day, her habit soon evolved into a 60 cigarettes a day addiction until she made the decision to quit.

Following a series of health complications, Kay decided the time had come to attempt to become smoke-free and she hasn't looked back since.

Kay, who lives in Llantwit Major, said: "I have recently suffered from a number of chest and lung infections; my circulation is awful, I suddenly found I was retching after each cigarette and experiencing dizzy spells, which was really scary."

"On my 45th birthday earlier this month, I woke up and thought I would give myself and my family the best present I could, by

giving up smoking."

She has had the support of Stop Smoking Wales, the NHS's free service to help people stop smoking. Despite having support, she acknowledges it has not been an easy journey:

"I first started smoking at about nine years old and by the time I was of the age where I was leaving school, I smoked 20 a day. This dramatically increased to around 60 cigarettes a day by the time I was in my late twenties;

"I have always wanted to give up smoking but have never felt that I had enough willpower to even try – the thought of not smoking actually scared me!"

Her desire to kick the habit was also motivated by her love for those closest to her: "I have three beautiful little granddaughters and I don't want to be remembered for being the Nanny that stank of smoke. Also, they made me realise that the money I was spending on cigarettes could be better spent."

The potential savings from stopping smoking are huge. A twenty-a-day smoker who gives up could save themselves £56 in a week, £243 over a month and a whopping £2,920 over the course of a year. Kay's 60-a-day habit would cost approximately £8,760 a year.

Stop Smoking Wales hopes Kay's story will encourage others to take up the Stoptober challenge regardless of how heavily they smoke.

Ashley Gould, of Public Health Wales, said: "Kay's story is really inspiring as it shows that even those with a significant smoking addiction can quit with the right support."

Anyone interested in receiving free help from Stop Smoking Wales can visit StopSmokingWales.com or call 0800 085 2219.

Top local companies honoured at county borough business awards



Sian Lloyd with Bridgend Business of the Year 2015, Customised Sheet Metal Ltd's Kevin Wykes, Owain Wilcox, Malcolm Pearce and Michelle Pearce with main sponsor Simon Pirotte, Principal at Bridgend College.

THE cream of Bridgend county borough businesses have been celebrated at the Bridgend Business Forum Awards 2015, held in conjunction with Bridgend County Borough Council and Bridgend College.

The all-important winners were announced in each of the 10 categories, along with the overall Bridgend Business of the Year 2015, which was selected by a panel of independent judges made-up of sponsors and representatives of the Bridgend Business Forum.

The awards, which were hosted by BBC news presenter, Sian Lloyd attracted over 200 business people, keen to celebrate the achievements of some of the county borough's leading organisations.

Customised Sheet Metal Ltd scooped the coveted title of 'Bridgend Business of the Year 2015' after earlier picking up the accolades of 'Manufacturing Business of the Year' and 'Creative Business of the Year'.

Just 11 days to go until Cowbridge on the Run in aid of Cancer Research UK

THERE are just 10 days to go until Cowbridge on the Run takes to the streets of the Vale market town.

The event, organised by Anne Birt, takes place on Sunday, October 11, and aims to raise funds for Cancer Research UK.

There are two distances 5km and 10km and people are welcome to either run or walk the course.

The starting point is at the town rugby club and Anne has announced the route.

Participants will leave the rugby club going across the Bear Field into North Road. Then it is down to the town hall and out onto High Street.

The course heads up to Eastgate as far as the traffic lights and a left turn takes the runners onto Aberthin Road.

On reaching Aberthin cross-road, between The Hare and Hounds and the tree, the route heads up towards the Downs, but takes an immediate right past Aberthin Village Hall and along the lane which crosses Cowbridge by-pass.

On reaching Primrose Hill, runners take a turn right and head down to the traffic lights (beside the Edmondes Arms).

Then it is through the traffic lights down Eastgate, High Street and Westgate, and a right turn into The Broadboard and then in to the

rugby club.

Anne explained: "The course measures 5k, so the 10k runners will run it twice."

Vale MP Alun Cairns, who has also signed up for the event, told The GEM: "Anne has done a wonderful job in bringing all this together, and I encourage as many people as possible to take part in the new route and raise money for a fantastic charity."

There will also be entertainment on the day at the rugby club as well as the fundraising run – a bouncy castle, face painting, 'splat-the-rat' and also Belgian waffles, pizzas and a lot more.

Registration starts at 9am. The runs will begin at 10am.

Teams (whether from businesses, local organisations or sports clubs) and individuals are both welcome.

Registration online is £10; on the day it will be £15. Sponsorship forms can be downloaded at: www.cancerresearchuk.org/support-us/find-an-event/Cowbridge-on-the-run-2015.

In 2011-12 Cancer Research UK provided £33million of funding to hospitals and universities. For more information, go to www.cruk.org.

Glamorgan Young Farmers look ahead to new year

THE summer months are traditionally a quieter period for members due to traditional farming activity.

However, following the YFC competition finale of the year at the Royal Welsh Show in July, where Glamorgan achieved an outstanding fifth place this year, members have been present at various agricultural shows and events this summer.

They were at the Bridgend County Show, Vale of Glamorgan Show and Gower Show along with local ploughing matches.

YFC representatives could be found volunteering their time to help the smooth running of activities or promoting the organisation along with the farming industry.

To mark the new year, Glamorgan Federation of Young Farmers Clubs recently held its Annual General Meeting where the following appointments were made for club officers for the forthcoming club year 2015/16.

Mr Martyn Popham

continues as president, Mrs Kay Lewis-Thomas was elected as chairman with Miss Laura Elliott elected as vice chairman.

Miss Annie Evans was re-elected as competitions chairman while Mr Matthew Tucker will oversee all matters regarding training and promotion as the chairman of the committee.

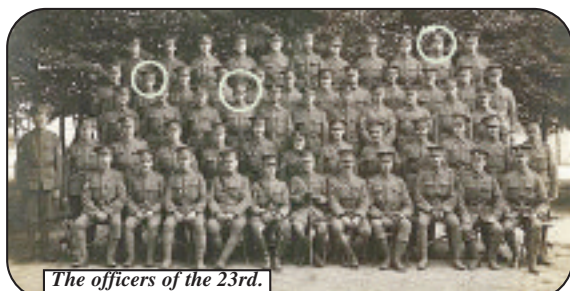
The competitions now begin in earnest with carcass judging, YFC eisteddfod and stockjudging fast approaching over the forthcoming weeks.

Members of each of the seven Glamorgan clubs will compete against one another for a chance to represent the county at the Wales Young Farmers round of competitions.

To find out more contact county organiser Gwyneth Thomas, by e-mail

Glamorgan@yfc-wales.org.uk or telephone 07779 331839. You can also visit www.glamorganyfc.com. uk and follow @GlamorganYFC on Twitter or 'like' the 'GlamorganYFC' page on Facebook for regular updates.

Town torn between grief for fallen and welcome for the brave men of the 23rd



The officers of the 23rd.

CERI JOSEPH of Porthcawl Museum continues her history of WWI in Porthcawl. This week she looks at October 1915.

BEFORE the month was out in October 1915 British troops would begin landing on Salonika, Britain would declare war on Bulgaria, and a German air-ship raid on the east coast would cause 200 deaths.

The Dardenelles Committee in London would decide to begin the troop withdrawal from the Gallipoli peninsula under the new Commander in Chief Sir Charles Munro, and Nurse Edith Cavell would be assassinated by a German firing squad on October 12, for assisting the Allied soldiers she was caring for to escape from the hospital in Belgium and into neutral Holland.

At home, the town was torn between grieving for the Porthcawlians who fell at the Battle of Loos (mentioned last month) and welcoming the arrival of a new battalion, the 23rd (Pioneer) Battalion, Welsh Regiment.

The Battalion, formed in Porthcawl, began enlisting in September. According to Private Sidney Cook, a postman from 6, George Street, Porthcawl, who enlisted on November 23, 1915, the battalion then left Porthcawl on April 19 for East Anglia, where they joined up with the 69th Division.

Transferring to Pirbright, they eventually left Devonport on July 13 for Salonika where they joined the 28th Division as a Pioneer Battalion, on August 24. While stationed at the British

base in Salonika the battalion, nicknamed the 'Pick and Shovel Brigade,' saw action north of Lake Doiran, Macedonia; occupied Mazirko, and captured Bulgarian trenches in Barakli and Kumli.

Finally, in September 1918, following the surrender of Bulgarian forces at The Battle of Dorian, the battalion moved to Gallipoli and occupied the Dardanelles Forts as a result of the Armistice of Mudros, October 30, 1918, which signalled the end of hostilities in the Middle Eastern Theatre.

The Allies were to occupy this territory until 1923; the 23rd Battalion, however, returned home in 1919. Private Cook was to survive the war yet died in 1927, due to complications caused by the severe bouts of malaria that he had suffered during his time in Salonika.

Bertie John, of Brisbane House, New Road also enlisted in the 23rd Battalion on October 30, 1915. Due to a chronic respiratory illness he was discharged in 1916 – yet in 1918, he is found serving in India with the South Wales Borderers.

His tenacity and determination to serve, however, may have further affected his health, as he was to succumb to Spanish Flu in 1920, leaving a wife and son.

Private Isaac Owen (circled in photo) a coal hewer, from Pontycymmer, who enlisted into the 23rd in September 1915, met Blodwen Davies while billeted in the town. On June 7, 1919, following his return from the war they were married at Bethel Chapel, South Road.

Isaac didn't return to the pits after the war but worked as a mason's labourer and, sadly, died at work in Fairfax

Crescent on December 20, 1935 of a heart attack brought on by the malaria he, too, had contracted in Salonika.

Other Porthcawlians who enlisted in the 23rd were to become officers: Sergeant Russell Mably (centre circle in photograph) a Great Western Railway passenger clerk at Porthcawl railway station lived at The Cottage, 36 Mackworth Road; Sgt Mably enlisted in January 1916 but was later commissioned as 2nd Lieutenant in the South Wales Borderers on January 29, 1918. Lt Mably was to retire from the Welsh Regiment on January 25, 1924. Later, as chairman of the Porthcawl Urban District Council he was to officiate at the opening of the Griffin Park, and the Pavilion in 1932.

A relative, Lance Sergeant Edward Pearce Mably (left circle) of 2, Wells Street, was another 23rd recruit. Son of Arthur Mably the harbour pilot, he worked as a grocer's assistant in the town before the war. After the war, he moved to Exeter, where he married Flossie Sprague in 1922. He died in 1983.

Finally, Lance Sergeant Leonard Richard Rowe (right circle), a boot and shoe salesman, was the son of Benjamin Rowe who owned a draper's shop on Station Hill. Leonard was to die in 1928 aged 31 years, yet another victim of health problems caused by war.

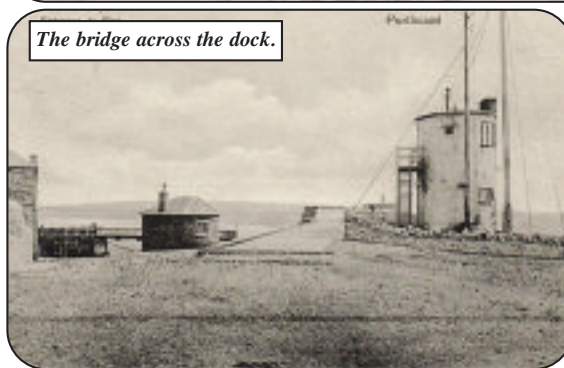
By October 1915, recruitment for the 23rd again brought concerns over billeting in town.

It was felt that 'officers responsible for billeting will show a spirit of fairness when billeting the men' (Porthcawl News 22nd October 1915); consideration should be given to 'cases where husbands and sons have joined the colours. It would be some recompense to struggling wives and mothers.'

Elsewhere in Porthcawl, the manager of the GWR stated that a footbridge across the dock was soon to be erected, the Belgian Refugee Fund was in dire need of funds, the 3rd Welsh Regiment would shortly leave their camp at Newton, and the



23rd Battalion (with Isaac Owen circled).



The bridge across the dock.

price of milk had gone up again.

Interestingly, it was in October 1915 that the committees of the Rest and Southerndown Homes agreed to 'accede to the request made by St John Ambulance Association for the use of the buildings for the reception of wounded soldiers during the winter months.' (Porthcawl News 15th October 1915.)

It was agreed that both institutions be used until April 15, 1916. In fact, both institutions were home to the St John Association and the Red Cross until April 1919 having, by then, nursed over 2,500 soldiers.

On October 10 this year, Porthcawl Museum will open an exhibition – 'Nursing in World War One' which, apart from displaying a comprehensive account of British nursing during the period, will also focus on the nurses at the Rest Home.

The centrepiece of the exhibition will be photographs of Edith Cavell's funeral, taken by a Porthcawl man, which will be on view for the first time.

Finally, when the new battalion at Porthcawl was first conceived it was to be called the 22nd Battalion. When it was finally named the 23rd, a wag in Porthcawl commented that they were known as the 23rd instead of the 22nd, because 'Everything is going up!'

CERI JOSEPH
Porthcawl Museum

40 affordable new homes in Porthcawl

WALES & West Housing (WWH) has completed 40 new homes in Porthcawl, to help meet the demand for affordable housing in the area.

New Road Court, a development of one and two-bed apartments, has been built by local construction company Jehu for WWH working in partnership with the Welsh Government and Bridgend County Borough Council.

It is located in the Newton area of Porthcawl on New Road, and cost £3.9m, with the Welsh Government's Housing Finance Grant providing £1.8m.

Now Maria's off to the North Pole!

RECENTLY selected ambassador for the 2016 Year of Adventure in Wales, Maria Leijerstam, is now planning another world first to add to her collection.

The 37-year-old from the Vale became the first person to cycle to the South Pole on December 27, 2013, and is the only woman in history to hold a major polar record. Maria won the race for Britain, beating America, Australia and Norway among others.

Next year she'll be tackling the North Pole, taking on 'The World's Coolest Marathon'. In April 2016 she will run a marathon at the floating airbase, 111km from the True North Pole. Maria

will then cycle the remaining 111km, sealing another world first and the completion of the most extreme duathlon in the world. This cycle is not an organised race, Maria will be on her own!

Back home, Maria's multi-sport company, Burn Series, holds adventure racing events across south Wales.

Of her impending challenge, Maria said: "Anything is possible if the desire is there. Many things can stop you, but the only thing that will stop you is doubting yourself."

Burn Series events:
Mini Burn, Margam Park, Port Talbot, Saturday, October 3; Cardiff Burn, Cardiff, Sunday, October 25.



Bertie John.

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PACT meetings

BRACKLA PACT at the Deaf and Sports Social Club, Coychurch Road on Tuesday, September 29 at 7pm.

LITCHARD, PENDRE and COITY PACT at Litchard Mission on Thursday, October 1 at 7pm.

NEWTON PACT at Newton School Rooms, Newton on Tuesday, October 6 at 6.30pm.

PORHCRAWL EAST CENTRAL PACT at Porthcawl Fire Station, Porthcawl on Tuesday, October 13 at 7pm.

REST BAY and NOTTAGE PACT at Nottage Scout Hall, Nottage on Tuesday, October 20 at 8pm.

TRACTOR RUN IS HELD IN MEMORY OF PENCOED FARMER NICK JONES

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE
AVAILABLE FROM THIS EVENT.

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ON Sunday, September 20, friends and family of the farming community came out in force to take part in a tractor run in memory of farm worker Nick Jones, who was tragically killed in a farm accident in May of this year.

Over 180 tractors, of all makes and models from far and wide, set off from Llanilid Farm in Pencoed and travelled through country lanes to Keepers Lodge Farm in Hensol.

These were the two farms where Nick worked. The tractors then returned to Llanilid for a hog roast and refreshments.

The organisers were overwhelmed by the support they received from everyone, raising in excess of £12,000 via donations, raffle and an auction, and would very much like to thank everyone who helped to make this day a huge success.

The money raised is being placed in a trust fund for Nick's children Dylan, aged five, and Jake, aged three.

NFU's donation in honour of accident victim

NFU Cymru members in Glamorgan donated £500 towards the Tractor Road Run in memory of Nick Jones.

The convoy of new and old tractors from Llanilid Farm, journeyed 25 miles along the rural roads of Glamorgan to Talgarn for a promise auction, before heading back to Llanilid for the hog roast and a gathering in memory of Nick.

Abi Reader, Glamorgan NFU Cymru's county chairman said: "Nick's death was a tragic accident and came as a tremendous shock.

"The farming community Nick lived in rallied round to support the tractor run and raised £12,000.

"It was a very fitting day in memory of a fellow young farmer."

Wayne Griffiths, one of the organisers, commented:

"I'd like to thank everyone who supported this event; the Iron Horse Society, those who gave so generously and those who took part in the road run.

"Nick used to work here on the farm, but he was also a great friend, and all the money raised is gratefully received for this trust fund."



Local chef's top food tips for Porthcawl residents



RMBC care home Albert Edward Prince of Wales Court in Porthcawl celebrated British Food Fortnight with events including cooking sessions with a local chef, a Macmillan's coffee afternoon and food tasting sessions.

It began with a Scottish food tasting session and the gent's steak night and Welsh, English and Irish food

tasting sessions – with items such as Katie's homemade Welsh cakes and soda bread.

Residents also had great fun with local chef Dave Bassett from Bridgend College, who shared tips on how to make the perfect beef burger.

At a charity coffee afternoon residents, guests and staff raised over £500 for Macmillan's Cancer Support.

PACT is told of local concerns

OLDCASTLE PACT met recently when a wide range of issues was discussed.

It was decided that ongoing concerns around road safety and road layout in Heronston Lane and the section of A48 that runs parallel to it would be the focus for the next two months.

The next meeting will be held at Brynteg Lower School Library on Wednesday, November 25 at 6.30pm when residents can speak to the local councillors and neighbourhood policing team.

'HAVE YOUR SAY' SAYS VALE COUNCIL

BCBC is calling on local people to tell them what services they think are most important in a consultation over future budget plans.

Taking place between Monday, September 28 and Sunday, November 22, those who complete an online survey will receive a free seven-day pass to a Halo leisure centre plus a chance to win a year's free membership.

For more information, call 01656 643664 or email consultation@bridgend.gov.uk.

Health centre news for Shout?

PORTHCAWL Shout Forum has been campaigning for some years for the town of Porthcawl to be provided with a new 'state of the art' health centre.

The group has visited various centres in different parts of Wales while drawing attention to the comparative ineffectiveness of the present provision.

The health board has previously promised to make Porthcawl a

priority for spending, as soon as a suitable site can be found. It appears we may be close to resolving the impasse.

Tomorrow (October 2), the health board representatives led by senior executive officer Zoe Wallace, intend to unveil their plans to the Shout Forum meeting.

Members of the public may wish to come along to Trinity Church, Porthcawl, at 2pm when all may be revealed.

All are welcome to attend.

CLIVE MORT



'VIVA LAS VEGAS' IN PORTHCAWL AS ELVIS FESTIVAL COMES TO TOWN!



**PHOTOGRAPHS
by FRANK SHIPTON**
Mobile - 07790 882925
Email - frankshipton@mac.com

'Elvis' in action inside the marquee at the Hi-Tide ... and gets a kiss from a fan (below)!



BY common consent, this year's Elvis Festival in Porthcawl was the best yet – and the perfect weather that prevailed over the weekend was a major factor.

Another well-received change was the decision to close the main road at the Promenade, from the Seabank Hotel to the harbour.

When proposed, there were grumbles on local social media, but in the end, festival-goers were happy to take advantage of the fine weather and stroll along the prom, with no traffic to worry about.

Porthcawl residents enjoyed the relaxed feel too.

Hotels and guest houses were packed out, and so were local pubs – those that embraced the festival ethos by putting on entertainment, and also those who were

'Elvis free' – giving anyone suffering from 'Elvis overkill' a chance to take a break.

The main festival events in the Grand Pavilion had, as usual, sold out well before the weekend, while many festival-goers headed for the hi-Tide Inn, where there was a steady stream of ETAs (Elvis tribute artists) who performed over the three days.

The event gave Porthcawl time in the national spotlight, with the resort being featured

on ITV's *Good Morning*, and a number of other news outlets.

For some landlords, it was a question of whether to cater for fans of 'the King' or for rugby fans, as many pubs were packed out as Wales came back from the dead to beat England on Saturday night!

After that incredible result, people could believe anything – maybe even that Elvis was alive and playing a set in a Porthcawl pub!

PHILIP IRWIN

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'ELVIS IS BACK IN THE BUILDING!' FOR A DUET WITH THE GOLDEN OLDIES!



ON Friday, September 25, RMBI Albert Edward care home in Porthcawl held its annual Macmillan coffee afternoon, when staff and residents' families baked cakes to support the event and the Golden Oldies performed for guests.

"Not only did they perform, they also donated a £200 cheque to Macmillan to add to our total. The highlight of the event was when Elvis came back and did a rendition with the Golden Oldies. Elvis was back in the building!" a spokeswoman reported.

"We served tea, coffee and cake and held a raffle and together with the Golden Oldies raised a grand total of £545, which will be donated to Macmillan. This is a charity that is very close to our hearts here at Albert Edward with many members of staff having either had cancer or a relative who has suffered from this cruel

illness.

"This is the fifth year that RMBI Albert Edward has run a Macmillan coffee afternoon and this year's total has taken us well above the £1,500 mark since we have started the coffee afternoons.

"We look forward to making next year the biggest and best yet," she added.

Every September thousands of Elvis fans descend on Porthcawl for a unique celebration of 'the King', which includes The Elvies, the award show for Elvis tribute artists.

Once again RMBI Albert Edward secured a renowned artist, thanks to festival organiser Peter Phillips.

Swansea Elvis Wynne Roberts, whose daytime job is a hospital chaplain, entertained residents and handed out scarves and roses.

"Resident Jeff's idol is Elvis and Wynne made a special appearance in Jeff's room to surprise him," the home reported.

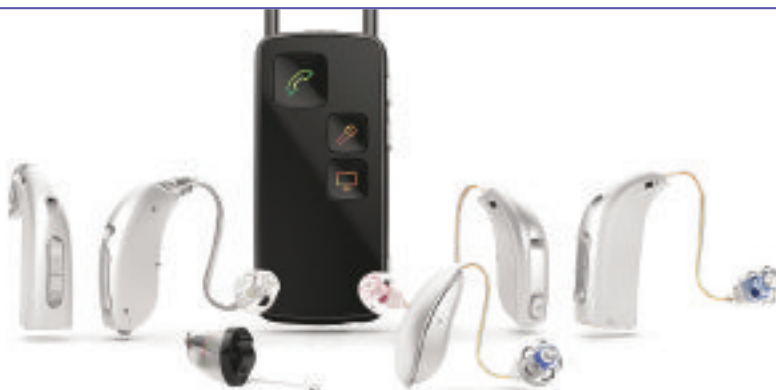


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AM opens revamped area of Porthcawl



ON Friday, September 25, Porthcawl Shout members, together with representatives of both town and borough councils, met at the top of Station Hill, at the rear of the RAFA Club, to see Bridgend AM, First Minister Carwyn Jones unveil a blue heritage plaque to commemorate the site of the Porthcawl Signal Box and railway crossing.

In his address Gary Victor, the chairman of Porthcawl Shout, outlined the years of dedication and determination that has seen the subway and adjacent area transformed.

Mr Jones paid tribute to the enthusiasm and determination that Shout has shown in creating this lasting record of days gone by.

Mr Jones also paid tribute to the pupils of Newton Primary School, beautifully dressed in the red uniforms,

who had helped in creating the memorial signals design. The children helped to make this a very special occasion by memorising and singing a topical poem *Terrific Trains* by Tony Mitton.

Shout is grateful to chairman Gerry Taylor and the committee of the RAFA Club for its support for the event and for allowing the plaque to be placed on the rear of its property.

Carwyn Jones also viewed an exhibition of photographs in the RAFA Club provided by the Porthcawl Museum.

In conclusion, the official party visited the newly opened 'Broom Wagon' Café and discussed with Station Hill traders how the area could be improved to encourage more visitors. Gary Victor drew attention to the rest area now available at Station Hill and hoped the improved facilities would encourage more people to visit the Station Hill area of Porthcawl.

Clive Mort



ABOVE: Newton Primary pupils were at the ceremony. (All photographs by Keith E Morgan).



The party was hosted at the RAFA Club.



ABOVE: Carwyn Jones with Ceri Joseph and David Swidenbank of Porthcawl Museum.



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We will always be together!



The GEM's beekeeping correspondent, Harold Williams, recently married fellow beekeeper, Barbara Chick. Harold, from East Aberthaw, and Barbara, from Cardiff, said they had no time for a honeymoon as there was too much to do preparing their hives for winter! (See next week's GEM for a full report). Photograph by David Corrick

BIBLE FOR THE HIGH SHERIFF

HIGH Sheriff of South Glamorgan, Professor Heather V Stevens CBE, is pictured receiving an inscribed copy of the Bible from Graham Ellis, chairman of the Vale of Glamorgan branch of The Gideons International.



Heather and David Stevens were part of the small team that launched the insurance group Admiral in 1993 in Cardiff, which has since grown to become one of the largest private sector employers in Wales.

'PLEASE CAN YOU HELP US TO PLAY AT HOME?'

The playful eight-week-old pups have been named Sam Pawburton, Gethin Puppykins, Alun Wyn Bones, Luke Charterieris and Toby Furltau.



STAFF at Dogs Trust Bridgend are appealing to dog loving rugby fans to try and help find homes for a litter of four-legged rugby fans.

The rehoming centre is keen to spur on the Wales team so have named a bouncy scrummage of six adorable Husky-Labrador cross puppies after their Welsh heroes.

The playful eight-week-old pups have been named Sam Pawburton, Gethin Puppykins, Alun Wyn Bones, Luke Charterieris and Toby Furltau.

The team was brought into Dogs Trust Bridgend through no fault of their own as their owners were no longer able to care for them.

"These mischievous little pups are full of energy so will need active owners with a strong throw to keep them entertained. They are only eight weeks old and like any rugby team would benefit from a little extra training."

"The team require active homes with owners who appreciate the demands of energetic young puppies and are at home most of the day to help them settle in."

"They would need homes with secure gardens to bound around in and would of course love a rugby ball to play with. The pups will be required to attend Dogs Trust training classes to

help them become polite, well-adjusted adult dogs."

If you are interested in rehoming a dog, call the Bridgend Rehoming Centre on 0300 303

0292, or visit www.dogstrust.org.uk. BEVERLEY PRICE, Dogs Trust Bridgend rehoming centre manager.

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Porthcawl walk remembers SS Cato



It's a long way across the dunes to the Prince of Wales!



This beer barrel was hidden in a coffin.

PORThCAWL Museum and the RNLI recently collaborated on a fundraising event, re-enacting the day in WWII when a ship, the *SS Cato*, ran aground, spilling barrels of Guinness.

It was a sponsored walk with a difference, as the walkers had the task of transporting beer barrels (disguised as a casualty on a stretcher, all the way from the Lifeboat Station to the Prince of Wales pub in Ton Kenfig.

Volunteers on the day included members of Porthcawl Museum, dressed in period clothes for the occasion.



*Photos by David Swidenbank.
www.thedogphotographerwales.com*

ABOVE: A moment of remembrance before the walk for those who perished when the *SS Cato* sank in WWII.



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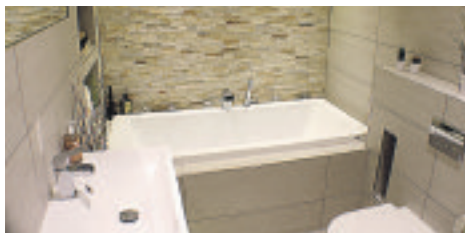
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Ysgol Stanwell School

An invitation to attend Stanwell School's
Open Day 2015

Stanwell was inspected in May 2015 and awarded the highest rating of Excellent for all key questions by ESTYN. Inspectors praised the school's outstanding teaching and learning ethos and provision - please visit our website www.stanwell.org to view the full report.

We also achieve consistently excellent examination results. In 2015, 87% of pupils achieved 5 GCSE grades A*-C, inclusive of English and maths (Level 2+), with 96% achieving 5 or more A*-C GCSE grades. 92% achieved a C or above in English GCSE and 89% in maths. 87% of pupils achieved the core subject indicators (A*-C in English, maths and science). Results in the Sixth Form are equally impressive, with A* to B grades (85% of entry), which increases to 77% of entry when the Welsh Bacc is included. Estyn states that 'pupils' performance in the Sixth Form is well above that seen in similar schools.

Extensive extra-curricular opportunities are also provided, with music, drama and sport all flourishing at Stanwell.

We invite all prospective pupils and parents for Year 7 and Sixth form to visit our open day on **Tuesday 6th October 3pm - 6pm** to meet staff and pupils and take part in activities.



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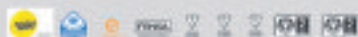
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Local Dental Mavericks provide care in the Rif Mountains, Morocco



Andy Nourish and Cheryl Jones are treating youngsters in Morocco suffering from dental pain.

On September 26, local dental health workers Cheryl Jones and Andy Nourish flew out to the Rif Mountains in Morocco as part of the 'Dental Mavericks' team.

Cheryl is a practice manager and lives in Cardiff. Andy is the principal dentist at Advance Dental Care and lives in Penarth.

Cheryl explained: "All the projects are self funded by the Mavericks themselves and along with fund raising and donations from dental suppliers and the general public, the charity is able to do its job."

"Friends, family and patients of Advance Dental Care generously donated £1,000 which helped to buy medical

by GEM REPORTER

supplies, dental chairs and equipment which enables us to set up a surgery and treat the children who are in daily dental pain.

"We also received very generous prizes for our raffle from the Vale of Glamorgan Resort, The Old Cottage, Lisvane, and Streets Brasserie in Barry."

Andy said: "The team plans to treat hundreds of children over the course of a few days in the remote villages of the Rif Mountains mainly carrying out extractions of rotten teeth as the Moroccan diet is high in sugar and they have no access to dental care."

"There is also a 'Teeth for Life' program set up where we teach the children to brush and look after their teeth. We also leave enough toothpaste and brushes for the year in each area we visit."

It is Advance Dental Care's third visit to Morocco to treat children. During the last visit in May, which was reported in The GEM, Gareth and Louise went to the Atlas Mountains and were able to relieve 350 children of dental pain which they said was a challenging and rewarding experience.

To donate, go to: <http://uk.virginmoneygiving.com/team/AdvanceDental>

Freshers are to the fore at college fayre



Aircraft Engineering students, from left: Adam Salisbury, Ashraf Ibasheh, Connor Csaszar, Lucas Lewis and Majula Kassama.

FOUR thousand new students have been welcomed to their first year at Cardiff and Vale College during Freshers' Week at the Barry and new city centre campus sites.

The students were introduced to the various services and support that CAVC has to offer, as well as a range of exciting activities including a Boulders climbing wall and DJ truck. Stands also gave out vouchers for local shops and venues, and the college's hair beauty and holistic therapy team performed live hairdressing demos.

Casey Dixon, a 17-year-old hospitality and catering student from

Barry, said: "I loved looking around the new building and seeing all the facilities."

Photography student Miri Hughes, 16, added: "Freshers' Fayre has been amazing, I love the new building."

Seventeen-year-old student Kieran Smith, who is studying painting and decorating at the Barry campus, said: "I wasn't expecting this many stalls, Freshers' has been brilliant."

Majula Kassama, 20, who is studying aircraft engineering at the college's International Centre for Aerospace Training at Cardiff Airport, added: "Freshers' makes you feel really welcome at the college, it's been really good."

Cadoxton WI mark Harvest Festival

AT the meeting on Monday, September 21, the president opened by saying what a great success the afternoon tea in August had been and hoped that it would become an annual event.

There had been several invites from other branches and the venues and times had been discussed.

Monday's meeting was the annual Harvest Festival supper and this year the members opted

for a change and had fish and chips.

The entertainment was provided by Tony Hill who accompanied his songs with a guitar or a ukulele.

The members enjoyed the songs and the music and joined in wholeheartedly.

The raffle winners were Sandra, Rita, Avril and Karen.

Meetings are held at the Victoria Park Community Centre on the third Monday of the month at 7pm. Contact 01446 404891 for more information.

CW

Meet your local officers

CADOC – meet your local officer at Waitrose, Palmerston Road, Barry on October 1 between 10am and 12 noon.

WENVOE – Meet your local officer at the Wenvoe Community Centre, Old Port Road, Wenvoe on October 12 between 10am and 12 noon.

COURT PACT – The Witchill Community Centre, Dyfan Road Barry at 6pm on October 15.

ST ATHAN – Meet your local officer at The Gathering Place on October 4 between 2pm and 3pm.

Extra flights from Cardiff Airport

AFTER a fourth successful year operating from Cardiff Airport in Rhose, Spanish airline Vueling has launched an increased summer 2016 programme – offering more than an extra 30,000 seats.

"This announcement comes as a result of the airline's response to the Welsh public who plan and book their flights as early as possible," a spokeswoman explained.

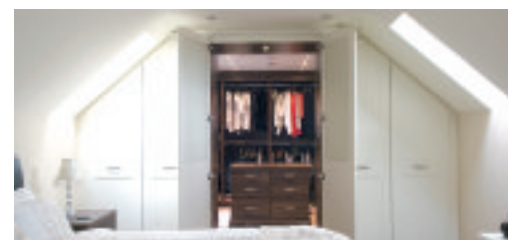
Flights to popular Spanish destinations Malaga, Alicante, Palma, Majorca and Barcelona can now be booked until the end of October 2016. The extra seats for 2016 come from an increase in weekly rotations across the four destinations, providing more flight choices for customers travelling to and from Spain.

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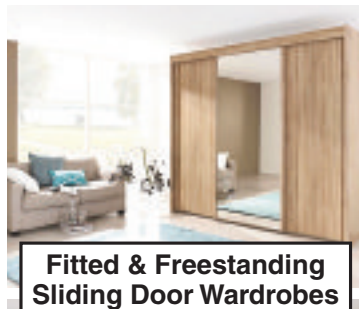
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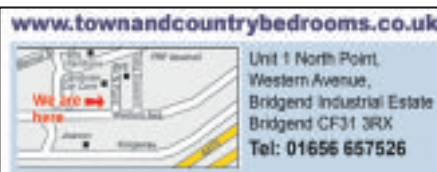
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'THE TOP PERFORMING COUNCIL IN WALES IS READY FOR THE CHALLENGES AHEAD!'

AS the summer comes to an end, the Vale of Glamorgan Council is now back in session.

While August did not bring the sunny weather that many of us were hoping for, the summer recess allowed my cabinet colleagues and me to take the time to review the council's progress over the last year and to map out what we plan to achieve in the next cycle.

Our enthusiasm for this was greatly buoyed by the news that we received at the start of the month that the Vale of Glamorgan had been ranked as the top performing Council in Wales by the Local Government Data Unit.

The data unit publishes an annual report comparing the performance of all local authorities in Wales in delivering a range of essential services.

For an independent national body to have ranked the Vale as the nation's best performing local authority speaks volumes about not only the work of the Council but also of our ability to meet the unprecedented challenges that we are currently facing as a result of public sector spending cuts.

One of the ways in which we will overcome this great challenge is by working more closely with other organisations to deliver improved services for our residents. A great example of how we are

already doing this is the Cyd Cymru collective energy switching scheme, registration for which opened again this month.

The new national Cyd Cymru scheme started life as a partnership between the Vale Council and the City of Cardiff Council and has since expanded to include local authorities, housing associations and charities from across Wales.

The scheme has saved households across Wales over £800,000 through lower energy prices since its launch.

If you haven't already signed up, then you can do so at www.cydymru-energy.com or by calling 0800 093 5902. Registration for the next switch is open until October 19 and the more people who sign up to the scheme the bigger the savings will be.

Helping people secure lower energy bills is one of a number of ways in which the Vale Council is working to tackle fuel poverty, an issue that will blight many lives as winter approaches.

It is a sad fact that many people are unable to pay the cost of heating their homes during the colder months and one that we are determined to play our role in addressing.

It is for this reason that I was so pleased to hear that the Vale Council had secured more than £2.5m of investment from Welsh Government as part of the latest round of eco-funding support for homes in Wales.

The funding will be used to provide warmer and more fuel efficient homes for tenants and residents of the western side of the Gibbonsdown estate in Barry by installing wall insulation and heating controls, replacing boilers, and upgrading draught proofing.

This will result in significant savings to the energy bills of the residents of the 230 private and council homes that are set to benefit.

Upgrading our housing stock for future generations is another key area of work for the authority. The Vale Council provides housing for people across the county and it was wonderful to see so many of them attend this year's annual Festiveale tenant engagement event in August. For us to improve the way in which we work it is essential that we have face to face conversations with our residents about what matters to them.

VIEW FROM THE VALE



by Coun
NEIL MOORE
Leader of
the Vale of
Glamorgan
Council

In this respect, Festiveale was a huge success. More than 500 people attended and were able to gain information and provide feedback not only on council services but also those of many of our local partners such as the money advice service, Safer Vale, and South Wales Police.

Events such as Festiveale bring home, not just the wide range of people working to improve communities in the Vale, but also the importance of having strong communities where people work together to support one another. It is with this strong sense of community in mind that the Vale Council has acted swiftly in response to the refugee crisis that has occupied all branches of the public sector in the UK in recent weeks.

Catering for Syrian refugees
I DO not believe that anyone in the Vale could not have been deeply touched by many of the traumatic images that have been broadcast on our television screens in recent weeks.

The unfolding crisis is one that requires swift and decisive action from all public bodies. On September 21 it was agreed that the council will participate in the Syrian Vulnerable Persons Relocation scheme and the Home Office scheme associated with the resettlement of Afghan individuals and families.

Furthermore to ensure that the authority is fully able to respond to the crisis, £100,000 has been set-aside over a two-year period to support asylum seekers and refugees who may be relocated to the Vale.

It is important to stress that this is part of a collaborative regional approach being undertaken in partnership with Cardiff City Council, Cardiff and the Vale University Health Board and community groups. Nonetheless, we have made a commitment to play our part in addressing this humanitarian crisis and have made the necessary preparations to do so.

• I would like to close this month's column by reiterating my comments above about the importance of Vale of Glamorgan residents sharing with us their views on the way in which the council works.

As a demonstration of this council's commitment to engaging with the public, we launched the Community Cabinet events three years ago.

The next cabinet meeting to be taking place in the community is on Monday, November 16 at 6.30pm at the Paget Rooms in Penarth.

Attendees will have the opportunity to ask any questions they may have of my cabinet colleagues and I, and we, look forward to seeing many of you there.

MARIE CURIE CELEBRATES HELPERS' ANNIVERSARY



VOLUNTEERS, carers, patients and families recently gathered at the Marie Curie Cardiff & the Vale hospice on September 22 for a celebratory event to commemorate one year of the Marie Curie South Wales helper service.

It was launched last year to provide free support and companionship to people living with a terminal illness, and since then 49 volunteers have been trained to support 76 people in the area.

Eura Evans, from Penarth told of the support she has received from the service. Eura, 77, is living with COPD and lung cancer, and enjoys the weekly visits and support she receives.

If anyone is interested in volunteering to become a helper with the Marie Curie South Wales Helper Service, the project team is hosting two information days at the hospice in Penarth between 6pm - 8pm on October 6 and 10am -

12pm on October 7.

For more information call 0845 073 8596, or email southwaleshelper@mariecurie.org.uk.

ABOVE:

Pictured are the Marie Curie divisional general manager Andrew Wilson-Mouasher, Eura Evans, helper Elaine Phillips and Marie Curie south Wales helper service manager, Jo Parry.

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Caring mum Laura is nominated for top award

MUM-OF-ONE Laura Haysham is in the running for a top award – after fulfilling a long-held ambition to work with children.

After little more than two years at a residential home for children and young people with autistic spectrum conditions and challenging behaviour, 26-year-old Laura, from Barry, has been shortlisted for honours at this year's Wales Care Awards in the Excellence in Learning Disability and Mental Health Services category sponsored by TBC.

The ceremony at City Hall, Cardiff on November 6, is an annual fixture in the social care calendar to reward the champions of the sector, as well as raising awareness of the vital contribution made by the social care workforce to health and wellbeing.

Laura, recently promoted to team leader at the home, Ty Coryton in Pendryallt Road, Cardiff, admitted the nomination had come out of the blue: "It was a bit of a shock, but I was really pleased and I view it as something of a compliment. My family were really chuffed because I just sort of fell

into working at Ty Coryton, as I had a friend who worked in the sector and it was the best move I ever made."

Prior to that, Laura, who lives at Borough Avenue, Barry, was juggling motherhood with a music course at university and a part-time job in a supermarket. She added: "Although I had always wanted to be a teacher, I'd had a daughter and was working at Tesco until I realised that it was not what I had set out to do."

"I had been doing part-time voluntary work with deaf children as a teaching assistant and

that's where I got the feel of wanting to work with special educational needs children, because I wanted more of a challenge than mainstream education."

"Since I came to Ty Coryton I've gained the Qualifications and Credit Framework Level 3 in Health and Social Care Children and Young People and I'm also doing the final year of a teaching degree at South Wales University."

"I've just been promoted to team leader and I'd like to do my QCF Level 5 when I've qualified as a teacher next May."

VALUING THE VOLUNTARY SECTOR IN THE VALE

GLAMORGAN Voluntary Services (GVS) is the new charity formed through the merger of Vale Centre for Voluntary Services (VCVS) and Vale Volunteer Bureau (VVB).

GVS brings together the best from VCVS and VVB to further develop quality services to strengthen its support to third sector organisations serving the Vale.

GVS supports almost 500 voluntary groups including sports clubs, interest, health, older people's and youth groups.

GVS provides a host of free and low cost services, including funding advice, printing services and training.

It also supports individuals who are interested in volunteering and matches them with organisations seeking volunteers. Volunteering can be one of the most fulfilling things you can do with your time, making a real difference to the organisation you

are helping.

Build your skills, meet new friends and open your eyes to a whole new world.

If you would like to register as a volunteer, host volunteers or become a member organisation of GVS and benefit from a wealth of free and low cost services, please contact: GVS, Barry Community Enterprise Centre, Skomer Road, Barry CF62 9DA Tel: 01446 741706 E-mail: enquiries@gvs.wales Website: www.gvs.wales.

Ten reasons to join GVS

for community groups operating in the Vale



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5

We arrange a series of free third sector events throughout the year and invite guest speakers such as the Chair of the University Health Board and key funders

6

We assist trustees to run groups efficiently and legally, help set up new groups, develop governing documents, provide support with registering as a charity and develop policies and procedures

7

70% of our members have free membership. There is a small annual charge for groups with an annual income above £15,000

8

Access to high quality discounted training run by experts on diverse topics

9

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10

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To join GVS visit www.gvs.wales, e-mail enquiries@gvs.wales or call 01446 741706

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Sunday: 10.30am - 4.30pm

Vale Council to draw up new proposals for secondary education in Barry

The Vale Council is to draw up a new set of proposals for improving secondary schooling in Barry following consultation with parents and pupils.

It announced in March that it was poised to make a multimillion pound investment into education in the town.

An extensive public consultation exercise was then undertaken on initial proposals in May and June,

the results of which were due to be reported to the council's cabinet on October 5.

The results of the consultation demonstrated that there is considerable support for expanding the number of Welsh medium secondary school places in the Vale and for introducing mixed schooling for boys and girls in the town's English medium schools.

However, the council says the majority of those who responded to

the consultation were also of the opinion that Ysgol Gymraeg Bro Morgannwg should be expanded on its current site and that the creation of two new mixed English medium schools would be preferable to a larger single school.

In response to this the council's cabinet will be asked to give authority for a new plan for the transformation of education in Wales' largest town to be prepared, based on the responses to the

consultation.

Coun Chris Elmore, cabinet member for children's services and schools, said: "The report that I will be taking to cabinet on October 5 will recommend that the council does not proceed with the original proposal, but instead establishes a new Barry Schools Transformation Board to carry out feasibility work on alternative options."

The Barry Schools Transformation Programme is part

of the Vale Council's ongoing programme of school investment that has so far seen £101 million spent on improving school facilities across the county.

The report going to cabinet also recommends that a programme of works for Barry Comprehensive School should be drawn up with a view to making immediate improvements to the school's buildings.



Farmers' Market plans to reward shoppers' loyalty

THE Vale of Glamorgan Farmers' Market will be introducing loyalty cards at this Saturday, October 3, at Cowbridge.

For each £5 spent by a customer on any stall, one box will be signed on their card, by the trader.

When their card is full, they can enter the free draw to win a fantastic Christmas hamper of items donated by market traders.

Customers can use their cards at both the Cowbridge and Penarth farmers' markets and there is no limit to the number of cards that a

customer can enter into the draw. A box will be provided at the markets for completed cards, with the draw being made in December so the hamper can be collected from the Christmas Farmers' Market on Wednesday, December 23, at Cowbridge.

You can bring your surplus apples along to the market on Saturday to have them pressed into juice. Bring your own containers to take juice away for drinking or making into cider.

As a rough guide, a half-full 'bag for life' of apples will make one litre of juice.

Club returns to select new logo

FOLLOWING a successful summer programme, this month sees the return of regular meetings for Vale Photographic Club at 15pm, on Friday evenings, in the Ystradowen village hall.

Thanks I'm sure to the exposure we receive from this GEM column, and our regular stand at the annual Vale Show in Fonmon, we are pleased to welcome a number of new members.

We hope they will enjoy everything the club has to offer, and that they find us a friendly bunch, happy to share our knowledge to help improve their photography.

Our first priority this term has been to select a new club logo. We decided to run a design competition, and whilst initially concerned we wouldn't receive enough entries, we were actually overwhelmed with suggested designs!

Lots of members (and their families and friends) rose to the challenge, and we thank them all for their time in doing so.

Voting was entertainment in itself, with votes being cast by dropping garden pebbles into flowerpots for your chosen design –

imaginative and fun (if a little messy), it was a great success.

Recently graduated local designer Charly Hayes from Black Widow Creative (<http://www.blackwidowcreative.co.uk>) came up with the winning design – in fact Charly far exceeded the brief, submitting over 20 creative and imaginative designs for us to choose from.

The winning logo received more than double the votes of the next placed design, and will now be used to represent the club in local and national competitions, on our website and on club merchandise.

For more information on the club, please visit our website at www.vale-photographic-club.co.uk

Why not come along? We have a varied and interesting programme for the year ahead and you don't have to pay an annual subscription in your first year, just £2 on the night (tea or coffee and biscuits are included).

Whether a complete beginner, keen amateur, or a seasoned professional, we'd love to meet you!

ANDREW COLEMAN

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Ty Hafan winners

THE following are winning numbers in the latest Ty Hafan Crackerjackpot lottery draw.

- £2,000: 265399.
- The rollover, which stood at £8,500 was won this week by 847719.
- £10: 510368, 513496, 636092, 643304, 411859, 532593, 503824, 275520, 807484, 448529, 583652, 536128, 950999, 971026, 673362, 369001, 497531, 549706, 718015, 376285.
- £5: 829772, 302917, 346847, 728322, 383593, 473848, 307785, 346000, 632999, 308101, 463478, 583453, 356274, 545827, 895653.

141308, 240020, 239682, 573479, 285297, 380591, 157239, 300757, 361706, 670654, 932918, 149977, 786092, 425827, 882518, 712803, 995188, 364442, 840326, 331277, 192147, 405263, 853509, 652486, 363199, 947978, 601704, 182633, 451703, 613251, 333597, 334699, 533663, 441023, 562360, 560671, 537004, 764740, 706352, 603037, 750922, 859813, 373081, 536012, 1771.

The GEM cannot be held responsible for any errors or omissions contained in the above. For lottery information telephone 029 2053 2300.

Helen's back in Rhooose Slimming World group

CONSULTANT Helen Waite is excited to be going back to the group where her career started with Slimming World – almost 11 years ago.

She started as a consultant in the Rhooose group on January 10, 2005 after losing seven stone with Slimming World.

After nine years of running the group, Helen made the heartbreaking decision to leave the group, after taking on a different role within Slimming World.

Helen said: "It was a huge decision for me, as I absolutely loved being in the group every Monday with all my members. I even ran the group while in labour with my son!

"The first Monday I had off, I didn't know what to do with myself, I felt completely lost! Being able to go

back to my first ever group is really like a dream come true. I've always called the Rhooose group my baby, and it's like I'm going home."

Since 2005, she has helped numerous members reach their target weight which Helen explained is personally set by the member.

"Many members since losing weight have gone on to be able to have children, reduce medication and live a more fulfilling life – all while being able to eat every day normal foods with their family," Helen said.

"Slimming World certainly does change lives and I am so proud to be a part of all my members' journeys. I cannot wait for my new adventure running three groups in Rhooose and Llantwit Major."

If you would like to join, pop along to Celtic Way Community Centre on Mondays at 5.30pm.



love Slimming World
Join a warm and friendly group near you today.

Tuesdays 9.30am and 11.30am
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738 / 07968355119

Tuesday 9.30am
Porthcawl Gilgal Church Hall Woodland Avenue
Beverley 07912 172674

Tuesdays 5.30pm and 7.30pm
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738 / 07968355119

Tuesdays 5.30pm
Holy Trinity Presbyterian, Church Hall, Trinity Street, Barry
Joanne 01446 404897

Tuesday 5.30pm & 7.30pm
Ebenezer Church Hall, opp. Surgery, North Cornelly CF33 4LB
Dee 07733 267369

NEW GROUP FROM 15TH OCTOBER
Thursdays 7.30pm
Talbot Community Centre, Kenfig Hill
Millie 077650 40006

Monday 5.30pm
Gilgal Church Hall, Woodland Avenue, Porthcawl CF36 5HU
Beverley 07912 172674

Mondays 5.30pm and 7.30pm
Tabernacle Church Kings Square, Barry
Lorraine 01446 407002

Mondays 5.30pm and 7.30pm
Elfed Avenue United Church, Elfed Avenue, Penarth
Nia 07793 885581

Wednesday 9.30am
Ebenezer Church Hall, opp. Surgery, North Cornelly CF33 4LB
Dee 07733 267369

Wednesdays 5.30pm and 7.30pm
The Welfare Hall, Hope Avenue, Next To The Old Cinema Aberkenfig, CF32 9PR
Lorraine 01656 734710

Tuesdays 6.00pm
The Old School, South Road, Sully CF64 5TG
Nicola - 01446 740394

Tuesdays 7.30pm
St Marys Catholic Church Hall, Ewenny Road, Bridgend
Graham 07475 865005

Wednesday 9.30am
Trinity Church, Porthcawl
Gaynor 01656 788763

Wednesday 9.30am
Ebenezer Church Hall, opp. Surgery, North Cornelly CF33 4LB
Dee 07733 267369

Wednesdays 6.00pm
Cadoxton Methodist Church, Church Road, Barry
Joanne 01446 404897

Wednesdays 4.45pm and 6.45pm
St Francis Millennium Centre, Park Road, Porth-Y-Castell, Barry
Annmarie 01446 736534

Wednesday 3.30pm, 5.30pm, and 7.30pm
Bridgend Deaf Club, Coychurch Road, Bridgend
Helen - 01656 720963

Thursdays 9.30am
Nolton Church Hall Merthyr Mawr Road Bridgend
Donna 01656 669739 / 07790797008

Thursdays 10.15am
St Helen's Church Hall, Wyndham Street, Barry CF63 4EL
Nicola - 01446 740394

Thursday at 5.30pm
Pencoed RFC, Felindre Road, Pencoed
Donna 01656 669739 / 07790797008

Thursdays 5.30pm
Highlight Park Community Centre, Barry Annmarie 01446 736534

Saturday 9.30am & 11.30am
Maesteg Sports Centre, Maesteg
Lorraine 01656 734710

NEW GROUP FROM 5TH OCTOBER
Mondays 5.30pm
Celtic Way Community Centre, Rhooose
Helen 01446 750738 / 07968 355119

NEW GROUP FROM 15TH OCTOBER
Thursdays 7.30pm
Talbot Community Centre, Kenfig Hill
Millie 077650 40006

Monday 5.30pm
Gilgal Church Hall, Woodland Avenue, Porthcawl CF36 5HU
Beverley 07912 172674

Mondays 5.30pm and 7.30pm
Tabernacle Church Kings Square, Barry
Lorraine 01446 407002

Mondays 5.30pm and 7.30pm
Elfed Avenue United Church, Elfed Avenue, Penarth
Nia 07793 885581

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Out and About with The GEM

WHAT'S ON, WHERE, AND WHEN?

Fitness advice

TO celebrate National Older People's Day today (October 1), Halo Leisure is inviting older people to visit one of its eight centres at Bridgend, Garw, Maesteg, Ogmore, Pencoed, Pyle and Ynysawdre for advice on getting more physically active.

Visit the website at www.halo-leisure.org.uk or call 0300 012 1223.

Vale AM's surgery

THE Vale AM, Jane Hutt, will hold a surgery on October 3 at Barry Citizens' Advice Bureau, 119 Broad Street from 10am to 12 noon. No appointment necessary.

Jazz at the Paget Rooms

TEDDY Smith Big Band, a 16-piece band with singer Elainea Hoss will play jazz/swing on Friday, October 2 from 7.30pm at the Paget Rooms, Penarth.

There is an accessible cafe-style layout, dance floor and Lindy Hoppers included!

All welcome to a great night out, as part of the celebration of 150 years of Penarth Docks, in conjunction with the jazz department of Royal Welsh College of Music and Drama.

Sugo (Penarth) are offering a discount on pre-show meals between 5pm – 7pm.

Tickets £10 in advance (£12 on the door) from Foxy's Deli or online at www.jazzlivecymru.eu.

Apple pressing COWBRIDGE apple

pressing takes place on Saturday, October 3 and the public are invited to 'bring your apples – eaters or cooks' to the Farmers' Market in Cowbridge (9.30am – 12.30pm) with a clean container, if they want to take juice home.

Llantwit

Bowls coffee

A COFFEE morning will be held on October 3 at Llantwit Major Bowls Club from 10am to 12 noon.

£3 entry includes tea/coffee and biscuit (free top-up), cake stall, books and bric-a-brac.

Free craft fair ON October 3 in the St Francis Millennium Hall, Park Road, Barry. Enfy's hold a craft fair from 10am-4pm, when festive gifts will be on sale.

The free charity table will be manned by the RNLI, whose lifeboat crews and lifeguards have saved 140,000 lives since 1824.

Barry Lifeboat Station has operated an all-weather lifeboat for over 100 years.

During the first week of September, they had five call outs in six days. Refreshments are available to purchase.

For more information, contact Beryl on 0446 418695 or Cyril on 01446 400149.

Barry Mayor's coffee

THE Mayor of Barry, Coun Emma Pritchard, will host a coffee morning on Monday, October 5 at Ty Hapus, 163 Holton Road, Barry CF63 4HP from 10am – 12pm, in aid of Ty Hapus and MND (Motor Neurone Disease) Cardiff and Vale.

Come and enjoy tea, coffee, cake and biscuits.

For more information, contact 01446 704921 or juliehurd@barrytowncouncil.gov.uk.

TaxHelp surgery

THERE will be a TaxHelp for Older People income tax surgery on October 5 at Roz Couzens' Chiropractic Surgery, Unit 4, Commercial House, Commercial Street, Llantwit Major CF61 1RB from 10am – 12pm.

Free professional advice to older people on a restricted income; no appointment is necessary.

Home visits can also be arranged on TOP's helpline 0845 601 3321 or 01308 488066.

Mediumship BARRY National Spiritualist Church and Centre, Buttrills Road, Barry, presents an evening of mediumship through flowers with Christine Day on Monday, October 5 at 7pm; pay at the door £5.

Pedal power ARE you interested in cycling? Would you like to take up this activity, and join a local group at the same time?

Age Connects Cardiff and Vale are holding a information session at The Senior Health Shop, 38 Holton Road, Barry, on Tuesday, October 6 (10am to 12pm).

Chat to the Pedal Power group coordinator in Cardiff and Vale and find out what is available.

Contact 01446 732385 for further information.

Macmillan coffee

RAINBOW Women's Group is holding a Macmillan coffee morning on Friday, October 9, from 11am to 2pm at Margaret Alexander Community Centre, Alexander Crescent, Barry, CF62 7HU.

The chairman of the group, Basma Ibbasheh, said there is a warm welcome for everybody.

For more information, contact 0788 6540919 or 01446 677641.

Barry jobs fair

More than 30 employers, including Vale of Glamorgan Council, Jehu Construction and Premier Inns, will attend the jobs fair

organised by Barry Communities First and Job Centre Plus on October 9, 10am – 2pm at the Barry Memorial Hall.

Job seekers will have the chance to talk to local and national employers, and to benefit from training and advice services there on the day.

Those interested are advised to 'dress to impress' and to bring along an up-to-date CV!

For more information, visit www.BarryCommunitiesFirst.org or call 01446 709432.

Ride for Dave

THE third annual Ride for Dave, in memory of the late David Evans of The Granary, will take place on Saturday, October 17 at 10am from the Bush Inn.

The event has been organised by Dave's friends and family, with the generous support of Andy and Liz of The Bush, to raise funds for research into the causes and treatment of leukaemia and lymphoma being carried out in the specialist centres at UHW and Singleton Hospital.

The cyclists will attempt a 50-mile circuit within the Vale and there is a shorter ride for those

who would like to take part but are not serious cyclists.

Please come along to wave the cyclists off or welcome them back from 12.30pm onwards.

Free course VALE Council-led Barry Communities First is running a free Level 2 course on October 19 – 23, for those wanting to work as a door supervisor in the private security industry.

For full details, telephone 01446 709103/07730284145.

Music contest

ANYONE who can play a musical instrument and is in full-time education, can enter the Rotary Young Musician (instrumental) competition, sponsored by Harrods.

The first round will take place on the evening of December 2 at All Saints' Church, Porthcawl during Porthcawl Rotary Club's Christmas tree festival.

The closing date for entries is November 3 and the competition is open to all (amateur) students up to age 17 on August 31, 2015.

Ask your school, college or club organiser for information.

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(01446) 710362/711538
Open: Thursday & Friday 1pm - 12pm.
Saturday 12 noon - 4pm & 1pm - midnight.
Sunday 12 noon - 4pm.

Penarth Festival marks its 150th anniversary

PENARTH Book Festival is celebrating the 150th anniversary of a Welsh migration to Argentina, with two exciting events.

On October 15, the Pier Pavilion Cinema will be screening Welsh director, Marc Evans' 2010 drama Patagonia.

The film centres on the Welsh settlement in Patagonia and stars Nia Roberts, Matthew Gravelle and Matthew Rhys.

Tickets cost £6.50 and £7.50 and are available directly from the Pier Pavilion.

October 18 will see a panel including writer and journalist Jon

Gower, writer and broadcaster Imogen Rhia Herrad and writer, playwright and actor Elizabeth Morgan talk to travel journalist Oliver Balch about their experiences and fascination with Patagonia and its Welsh-speaking population.

The event will take place at All Saints' Lesser Hall, Victoria Square at 3pm until 4.30pm.

Tickets £6, available from www.penarthbookfestival.org.uk or at Griffin Books.

The festival from October 11 – 18 has 30 literary-themed events. For more information visit www.penarthbookfestival.org.uk.

Out and About with The GEM

Two for one means we can all take the Road To Rome!

THE Cowbridge Book Festival has great news for lovers of epic Roman novels – it offers two authors for the price of one!

On Wednesday, October 7, Sunday Times bestselling author Ben Kane and his friend and fellow historical novelist Anthony Riches will talk about their books *Eagles at War 1* by Ben Kane and *Thunder of the Gods - Empire VIII* by Anthony Riches.

This event represents a welcome return to Cowbridge for Ben who delighted the festival audience in 2013 by arriving in full legionnaire's uniform.

Both authors are



Authors Anthony Riches...



... and Ben Kane.

renowned for their meticulous research and the ability to bring real events from the past to vivid life. As well as being historians, and experts in Roman history, they are also great storytellers. Ben Kane is considered by many to be

'the rising star of historical fiction'. *Eagles at War* is the first in a dramatic new trilogy encompassing the loss and gradual restoration of three Imperial Eagles. Anthony Riches is rapidly gaining a reputation for writing epic page turners. His *Empire* series is fast paced and action packed, with marvellous characters and occasional moments of dark humour.

Over the last three years, Ben and Anthony have walked Hadrian's Wall and also walked from Capua to the Forum in Rome in full Roman

uniform, raising over £3,500 for charity. Not only have these walks given them valuable insights into the regions they write about, but through them, they have established a great rapport which bodes well for a highly entertaining and interesting event!

The event which will start at 7.30pm will be held in the minstrels' gallery at The Duke of Wellington.

Details can be found on the festival website www.cowbridgebookfestival.co.uk. Tickets can be obtained online via the festival website or TicketlineUK or from Old Hall, David Barnes (Dry Cleaners) High St, Cowbridge or Nickleby's Book Shop, Pound Field, Llantwit Major.

For this event the Cowbridge Book Festival is working with Vale Courses Adult Learning. Proceeds from all festival events are donated to The Noah's Ark Appeal, Children's Hospital of Wales and Leukaemia & Lymphoma Research.

SRC

ANTIQUE FAIR

COTTRELL Park golf resort is the venue for an antique and collectors' fair on October 10 from 10am – 4pm.

There will be a variety of dealers; coffee/snacks/lunches served in the clubhouse coffee shop.

Entry £1 (children free), for more information contact Ann on 01446 796128 or Peta on 01446 713483.

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STARTERS

Winter Vegetable broth with crusty bread.

Prawn and Crayfish cocktail in a Marie Rose sauce.

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Chicken liver, brandy and herb Pate with toasted bread and chutney.

Spiced chicken wings with BBQ sauce.

MAIN COURSE

Traditional roast turkey with pigs in blankets, stuffing and all the trimmings.

Spinach, red pepper and feta pie - spinach, roast red pepper and feta cheese, white wine sauce with a touch of garlic, topped with a sesame seed puff pastry lid.

100z Welsh sirloin steak cooked to your liking, with homemade onion rings, salad garnish and your choice of potatoes with a creamy peppercorn sauce on the side.

Pan-fried sea bass fillets served with roasted Mediterranean vegetables and a tomato sauce served with your choice of potatoes.

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WHAT types of fuel are available for solid fuel systems? The Solid Fuel Technology Institute has this to say:

WOOD has two immense advantages – it is a renewable fuel and is part of the carbon cycle.

Because a burning log can't give out any more carbon than the tree took in while living, it is considered to be greenhouse gas 'neutral'.

When wood is cut down its cells are full of water. Burning such wet or 'green' wood wastes heat in making steam and produces flammable, acidic tars which will cling to, and can very rapidly damage, your stove and chimney.

Therefore, logs should be dried for at least a year, out of doors in free air protected from rain, and split lengthways. When dry enough to burn, the ends will develop radial cracks.

The fine white residue produced when wood partly burns is not ash, but the remains of cell walls which can burn if kept hot enough, so don't de-ash a wood fire until absolutely necessary. Wood is not a smokeless fuel, but it can burn without smoke on some specially-designed appliances.

BIOMASS is a general term for recently-harvested plant material to be used as fuel. As well as wood, it includes bagasse (the fibrous residue from sugar cane or sorghum stalks); nut shells; pips and stones from olives and other fruit; straw; hay; dried seeds such as maize, barley or wheat.

PELLETS – Bio-fuel pellets made from wood (or, occasionally, grass) can be burned only on

special-purpose stoves and automatic-feed boilers.

They offer most of the environmental benefits of natural wood, with greatly improved convenience.

PEAT or TURF – Peat is woody material which has semi decomposed over about 1,000 years. It is the earliest stage in the formation of coal.

The nearly black moorland or bog peat should be dried and treated as for wood. Peat is highly volatile, easy to light. It will burn on open fires and most closed stoves.

LIGNITE or BROWN COAL – Lignite is a natural mineral, intermediate between peat and coal, formed over about 4,000 years.

It lights easily and burns well, though some varieties produce very large quantities of ash. Apart from a small deposit in Ireland it is rarely encountered in the British Isles, but is commonplace in Central and Eastern Europe.

BITUMINOUS COAL – Bituminous coal, is raw, natural coal, from woody deposits of about 100 million years ago. Inexpensive, easy to light and fairly low in ash, it burns with great heat and an attractive flame.

However, it produces tarry smoke which will tend to stain stove windows, and large volumes of flammable gas which make it difficult to control so that it often burn excessively violently on closed stoves not specially designed for it.

It is the traditional fuel for Victorian bar-fronted fireplaces, where the very large 'cobbles' size would have been used. Modern appliances generally prefer the smaller 'trebles' or 'doubles'. Some types swell and become sticky when hot –

use the poker to break it up.

ANTHRACITE and the very similar **DRY STEAM COAL** are natural, smokeless, hard, shiny forms of coal formed at great depth over some 300 million years.

In appearance anthracite is similar to coal, very near black, but less dusty with a distinctive shine. Anthracite is largely carbon and very dense, making it able to burn with great heat and almost no smoke for a very long time – up to 24hrs per fill even on the simplest stove.

But it contains very little volatile matter so can usually only be lit from another fuel, such as wood, which is already burning well and it will not work on most ordinary open fires, nor on many closed stoves.

Choose the 'small nuts' size for most stoves, or the tiny 'peas' 'beans' or 'grains' (also called Rice Coal) for specially designed automatic feed stoves and central-heating boilers. Although expensive per kg, anthracite is usually very economical in use.

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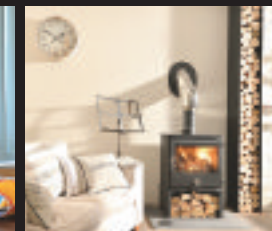
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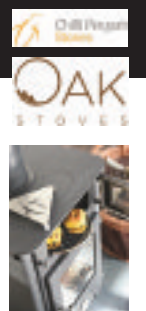
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Solid fuel heating can

reduce condensation, eliminating household mould often associated with 'on/off' fires.

Medical research has also shown that solid fuel heating can reduce the risk of hay fever, asthma and eczema.

Homes with solid fuel heating are better ventilated than those with other forms of heating; the very use of a chimney will induce ventilation into a home drawing in fresh air and removing polluted air.

There is a wide range of fuels available – from coal to smokeless.

You can keep your home at the desired temperature throughout the day.

With solid fuel heating you can hold stock, ensuring that your home will be warm even in the most wintry weather conditions.

Whatever the weather, you don't need to worry about supply failures or power cuts. You can even boil a kettle on a flat-top stove!

The Barry Male Voice Choir prepares for recruitment campaign



Ianto Jones at a recent choir social event with Gareth Roberts, Dorothy Connell and Gareth Jones.

BARRY Male Voice Choir is about much more than a group of men singing!

Chairman Gareth Roberts explained: "Choristers of course share the enjoyment of singing together at concerts and rehearsals. Friendship, social events, fun and travelling are also important parts of choir life."

"The recently formed ladies' committee has already made a big impact on choir life in many ways. This year's visit to Germany will be followed by visits next year to Scotland and The

Royal Albert Hall.

"Recent visits to choir rehearsals by Barry-born Joan Ditchburn nee Harkus, now of Perth, Australia, and Ianto Jones of the Capetown Welsh Male Voice Choir, South Africa have prompted thoughts of travelling even further afield in the future!"

The choir will be launching another recruitment campaign in October.

Follow the choir on Facebook and Twitter or on its website www.barrymalevoicechoir.co.uk for further details of forthcoming events.

Soroptimists welcome new recruit Tracey!



Left to right: Jackie, Tracey and President Clare.

FOLLOWING the August recess, president of Soroptimist International Barry & District Clare Hart welcomed another new member, retired religious education teacher Tracey Graham who is well known in the area, having taught in Bryn Hafren School, Barry, as well as Stanwell School, Penarth.

During a career back to bring up her three boys, she also qualified as a gymnastics coach and received the volunteer of the year award from Barry Town Council for her voluntary work at Barry YMCA.

Tracey has supported

CJD

AMELIA TRUST FUN DAY CELEBRATES 25TH BIRTHDAY

THE annual Amelia Trust Farm family fun day this year celebrated the 25th anniversary of the charity.

It was joined by Vale AM Jane Hutt, a long-term supporter of the charity, which provides an alternative education for vulnerable and disadvantaged young people.

She commented: "Amelia Trust does such good and necessary work with young people. It is always great to hear about their latest success."

The AM took part in various events, including Guess the Weight of the Anniversary Cake and Smash the Maltiser!

Moon landings: true or false?

THE speaker at last week's Barry Men's Forum, was one of our own members Mike Cheeseman who gave a thought-provoking presentation about the moon landings in July 1969.

He started with the build up of the space race between the Russians and the Americans, with information about the American Moon Landing, which he followed up with a film of the event, which all members clearly remembered.

Although not declaring any personal beliefs, he then detailed the various suggestions that have been purported to say it was all a hoax.

He detailed the reasons why some people think it was a faked landing. These included, there was no impact crater, although the covering on the moon showed footprints; there are shadows shown in different directions on photographs, although the only source of light on the moon is the sun, the shadows are cast in various directions.

There are reflections in the astronauts' visors, that allegedly show other persons behind the camera; the movement of the flag, when there is no atmosphere to move them; there are no stars in

any of the photographs of the horizon; the letter 'C' is clearly carved on one of the stones in the foreground, similar to those used by film makers, the photographs were taken with 'celluloid' film, which has a melting point of 170 degrees, whereas the temperature on the moon is reputed to be 230 degrees.

Mike posed the conundrum, how could such a gigantic fraud be kept silent for so many years? He also pointed out that eight of the astronauts originally involved, had died within three years of the event, all in unexpected circumstances.

The forum members then asked numerous questions, and many thrilled at the event at the time, left convinced that it may all have been a hoax.

New members are welcome. On Thursday, October 8, the speaker will be Dr Ted Hallowell, talking further about his 'Canadian travels' by motorcycle.

The Barry Men's Forum meets at the Trinity Presbyterian Church, at the junction of Trinity Street and Aberystwyth Crescent every Thursday morning from 10.15am-noon.

For further information, telephone 02920 594881. PMW

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**GARETH
JAMIESON**

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Corbijn's *Life* is a little too still to truly shine...

THE life of James Dean burned bright and then was brutally extinguished in a car crash in 1955. While the actor only made three films, he left an indelible mark on cinema and popular culture, meaning that 60 years after his

death Dean is still living on.

Anton Corbijn's latest film, *Life*, tells the story of a particular chapter in Dean's life – where he (played here by Dane DeHaan) was pursued by photographer Dennis Stock (Robert Pattinson) to shoot a pictorial for the highly influential *Life* magazine prior to the release of *East Of Eden*. With Stock

determined to capture this rising star on film, and Dean torn between fame and reality, the pair find themselves getting to know each other...

It's interesting that for his fourth feature film, Anton Corbijn (a renowned music photographer of the likes of U2) has taken on the subject of photographers and their pursuits. His films have always shown a gorgeous visual sense, his grounding behind the lens clear to see, but have struggled to carry the necessary pace to really wholly engage the viewer.

Life is very much of the same ilk, looking beautiful but a little too still and reflective for its own good, even though the central performances are thoroughly engaging and enjoyable.

Quite whether Corbijn was ever driven to the almost stalker-like levels of chasing his intended quarry as Stock is here, would be intriguing to find out, but clearly he sees a kinship with the character of Dennis Stock.

The balance between making a living through red carpet photos and pursuing a noble (yet financially underwhelming) art looms large here, not

just in Stock but also in Dean, a man seemingly happy to ply his trade without having to jump through hoops and play the publicity game, an "actor" not a movie star.

Although the characters are superficially different, beneath the surface they share a kinship with this internal debate, one that slowly drip-feeds throughout the film. Their relationship is almost *quid pro quo* – Stock wants to shoot Dean so that he can use the actor's rising profile to boost his own career; Dean doesn't want to sell his soul to celebrity, but realises that being shot by Stock could be best option of them all. While their similarities are clear, their constant bickering gives the film a dynamic.

The pair are well played by Pattinson and DeHaan. For the former, it is a clever piece of casting, putting Pattinson as a foil to a film star whose profile has skyrocketed and whose every move is scrutinised, and while he could have brought plenty to the Dean character, he essays the character of Stock with a sly desperation and desire to make the best of his situation.

While the pair strike up what seems to be an unlikely friendship, there are small moments

(a camera appearing at a dinner table) where the relationship between them is made clear.

For DeHaan, playing an icon in Dean could have been a burden, but instead he plays the man beneath the icon. Befuddled by his burgeoning celebrity, his care-free personality hides a desire for things to stay as they are, a visit to his family's farm which takes up much of the film's second half; an

intriguing insight below the surface that DeHaan nails beautifully.

There isn't much in the way of pace, Corbijn allowing the film to move naturally and very much driven by the characters, which some may find a little too slow for their tastes. While it may not be the zippiest film, however, *Life* is an intriguing study of relationships driven by need, of celebrity culture and of a James Dean shorn of

his status. **VERDICT** – A slow-burner of a film, *Life* may not move quickly but packs quite a punch through its lead performances of Robert Pattinson and Dane DeHaan. Well-directed by Anton Corbijn, the film plays as an interesting look under the surface of celebrity culture. Enjoyable. **SEE THIS IF YOU LIKED:** *Control* (2007), *I'm Not There* (2007).

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Coffee and cake with AM raises £760 for Macmillan



THE Vale AM Jane Hutt's first Macmillan coffee morning on September 25 proved to be a "great success".

After being a guest for many years at the annual cancer fundraising event, she invited constituents to join her for coffee and cakes at Golau Caredig-a-Hafod Care scheme.

It is the Vale's first extra care housing scheme and benefited from

more than £5m from the Welsh Government.

The AM reported: "The coffee morning was a great success, hosted with the support of Hafod Care and raising £760.01. I must thank the residents and staff for supporting the event at this fantastic location. Thank you to all who came – it was wonderful to raise so much money for such a good cause."

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Spaces on the seminar are limited so please contact us now to **secure your free place.**

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GEM ADVERTISEMENT FEATURE

In Business Update

It's time for a new Mind, Body and Life in Bridgend!

STRESS, time constraints, a lack of self-belief or self-motivation and the availability of unhealthy food leave many of us frustrated in our desire to lead fit and healthy lives.

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Penarth Ramblers' walks take in Wye and Wiltshire

SEVEN Penarth and District Ramblers, including leader Phil, travelled up to Aldbourne to tramp along ridges and old byways, while passing a variety of historic burial mounds and small villages, as well as the lovely countryside of Wiltshire, where the downs are composed of chalky soil.

Leaving the typical English village green, they noted the Bronze Age barrow known as the Giant's Grave before moving on to the small hamlet of Upper Upham, dating back to Roman times and the impressive Upham Hall, a 16th century mansion house.

They moved on to Liddington Castle, a hill fort over 2,000 years old built to command the view over the River Og valley; and then on to overlook an old World War Two airfield

where Easy Company of the US Army 101 Airborne Division were based in 1944 before D-Day (they were featured in TV's *Band of Brothers*), before descending back to Aldbourne.

Wye walk
EIGHT walkers, including leader Joy, headed up to Monmouth and, crossing the River Wye, climbed by road and through woodland to the Roundhouse at the Kymyn, where views over the town and beyond were obscured by thick mist.

After exploring the Naval Temple where the victories of 16 British naval admirals are recorded, including Nelson, who visited the town and the temple in August 1802, Offa's Dyke Path led them to Upper Redbrook. At Newland, they explored All Saints Church, also known as the Cathedral of the Forest.

Savage Hill led them down to Valley Brook. They later passed the remains of the disused stone Monmouth

Viaduct and iron-built Duke of Beaufort Bridge, which carried the railway line connecting both sides of the river. Following the narrow path beside Monmouth School playing fields, once the site of The Gambings, a ship-building yard, they re-crossed the Wye Bridge and made their way back into Monmouth town.

On October 3, meet at 8.30am at Cogan Leisure Centre for a 10-mile hard walk from Pencelli taking in Bryn and the Talybont Forest;

contact Phil on 01446 711533.

On October 4, meet at 9.30am at the Barry Waterfront for a five-mile easy/moderate half day walk taking in Cwm Nash and Wick; contact Geraint on 029 2051 5278.

Follow the group log onto www.penarthramblers.wordpress.com Programmes and membership advice can be obtained from Pam on 029 2025 5102.

JOY STRANGWARD

Vale MP joins half-marathon to boost Alzheimer's charity

THE Vale MP Alun Cairns and staff from Filco stores in the Vale will be running the 13-mile Cardiff Half Marathon on Sunday, October 4, in support of Alzheimer's Society.

Mr Cairns said: "It is fantastic to see work colleagues from our local Filco shops come together to run for such a good cause like the Alzheimer's Society. Many families in the Vale are impacted directly by dementia, so it will be very rewarding to see much-needed funds being raised in such a positive way."

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If you would like to have a chat with Sue, contact her on 07795 964066; email cardiffhypnotherapysolutions@gmail.com or visit www.cardiffhypnotherapysolutions.co.uk.

Clinics are in Cowbridge, Cardiff and Barry.



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Lowri Haf Cooke yn holi Alun Simpson CERDYN POST O TOKYO

MAE Simpson, sy'n 38 oed, yn gyfieithydd ac yn byw yn Tokyo.

Un o ble ydych chi'n wreiddiol?

Ces i fy magu yn City ar gyrion gwledig y Bonfaen, sy'n bentref bach iawn o ddeg o dai. Does neb yn siwr iawn beth yw tarddiad yr enw, na chwaith os oes enw Cymraeg. Es i Ysgol Glantaf yn y cyfnod pan mai dyna oedd yr unig ysgol uwchradd cyfrwng Cymraeg yn Ne Morgannwg. Mae gen i lawer o atgofion melyn o'r cyfnod hwnnw, ac roedd fy mlwyddyn i'n llawn cymeriadau diddorol!

Sut laniach chi yn Tokyo a beth ydych chi'n ei wneud yno?

Ar ôl graddio mewn Hanes Tseina a Siapan ym Mhrifysgol Caergrawnt, ro'n i awydd teithio a gweld y byd, felly fe enillais i gymhwyster dysgu ar gynllun cyfnewid JET, sy'n gosod siaradwyr Saesneg mewn ysgolion yn Siapan. Trwy hynny, ffeindiais i waith yn ninas fechan Gifu ger Nagoya.

Fe ddysgais i'r iaith Siapaneg tra'n gweithio

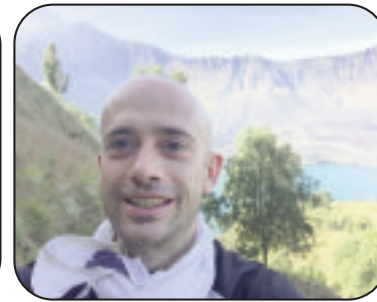
gyda JET, ac ar ôl gorffen gyda'r cynllun hwnnw, dechreuais i weithio fel cyfieithydd gyda chwmni mawr, cyn mynd ar fy liwt fy hun. Dwi'n cyfieithu yn bennaf ym maes cyfrifiaduron, technoleg gwybodaeth, electroneg defnyddwyr, ceir ac ati.

Er mor braf oedd Gifu, roedd atyniad y ddinas fawr yn ormod o demtasiwn, felly symudais i Tokyo 8 mlynedd yn ôl. Dwi'n byw yn Ikebukuro, yng ngogledd-orllewin y ddinas, sy'n adnabyddus am y tylluanod a'r pengwiniad lleol; mae na hyd yn oed far yno lle cewch chi yfed yng ngwmni'r pengwiniad!

Disgrifiwch eich diwrnod delfrydol yn Tokyo...

Bydde fy niwrnod delfrydol yn Tokyo yn dechrau â brecwast hwyr o bîcnic ym Mharc Yoyogi. Ar benwythnosau fe welwch chi bob math o bobol yn yno, o hen rocars yn dawnsio i gerddoriaeth o'r 1950au ac ymladdwyr crefft, i ffeindiais i waith yn ninas fechan Gifu ger Nagoya.

Erbyn y prynhawn, fe gerddwn i draw i Harajuku – ardal sy'n



fyd-enwog am ei ffasiynau hollol wallgo', gyda phlant ysgol yn gwisgo fel cymeriadau animé a goths.

Yna, ymlaen ar hyd Omotesando, un o strydoedd siopa crandiaf Tokyo, i arswylw ffasiynau diweddaraf criw tipyn mwy soffistigedig. Fe gyrhaeddwn i Stadiwm Jingu, cartref tim y Yakult Swallows, mewn pryd i wyllo gêm bêl fas Siapan, ac mae yno wastad awyrgylch wych, gyda'r cefnogwyr brwd yn llafrganu p'r un ai'n ennill neu'n colli (colli fel arfer, ond fel un o gefnogwyr tîm pêl-droed Dinas Caerdydd, dwi wedi hen arfer â hynny).

Byddai'r dydd yn dod i ben yn Shibuya, sef ardal llawn bars a bwtai sy'n boblogaidd iawn gyda phobol ifanc, gan fwyhau cwrw neu ddau cyn dal y trê olaf adre. *Pa lefydd yn Tokyo y bydddech chi'n annog i unrhywun o Fro Morgannwg ymweld â nhw, i gael blas go dda o'r ddinas honno?* Amgueddfa Gelf Mori ar 53ed llawr Roppongi Hills, sef canolfan siopa ac adloniant enwocaf Tokyo. Yno mae'r casgliad gorau o gelf cyfeso o Siapan ac Asia, ond gwell fyth yw'r dec gwyllo, lle gwech chi olygfa wych o Tokyo. Gwell fyddai mynd yno fin nos, pan fo'r awyrlun dinesig fel petai'n ymddangos yn ddi-ddiwedd. Bydden i a ben yn Shibuya, sef

bod chi'n profi Shimokitazawa, ardal hynod cwl yng ngorllewin Tokyo, lle mae na lawer o fariau bach hip, lle gwech chi argraff wahanol iawn o'r ddinas i gymharu â'r ardaloedd bach Siapaniaidd Izakaya sydd i'w canfod o gwmpas gorsaf Ueno.

Dyma ardal dipyn mwy cyffredin yn Tokyo, lle mae pobol yn fwy hamddenol, ac yn fwy tebygol o ddechrau sgwrs gyda chi o gwmpas y byrddau cymunedol.

Beth ydych chi'n ei goli fwyaf am Gymru?

Dwi'n colli fy nheulu a fy ffrindiau, wrth gwrs, a mynychu gemau tîm pêl-droed Dinas Caerdydd – ond dwi ddim yn colli'r tywydd!

Gweithgareddau Hanner Tymor Hydref

BYDD Menter Bro Morgannwg yn parhau i gynnal y Cynllun Gofal Gwyliau – gofal gwyliau Cymraeg drwy'r dydd i blant ysgolion cynradd Bro Morgannwg.

Bydd yn cael ei gynnal fel yr arfer yn Ysgol Gymraeg Bro Morgannwg yn cael eu cynnal yn ystod wythnos (Ysgol Nant Talwg gynt), 8.30am-5.30pm o ddydd Llun i ddydd Gwener, gydag amserlen llawn o weithgareddau drwy gydol yr wythnos a thrip i Stadiwm y Mileniwm ar y dydd Mercher (Hydref 28).

Yn ogystal â'r ddarpariaeth Gofal diwrnod cyfan, mae'r Fenter wedi cydlynu pecyn o weithgareddau hamdden a cheffyddol bydd hefyd yn cael eu cynnal yn ystod wythnos hanner tymor.

Gweithgaredd	Dyddiad ac Amser	Lleoliad	Oed	Pris
Notio i Ddechreuwr	Dydd Llun 26 Hydref – Dydd Gwener 30 Hydref 8-8.30am neu 8.30-9am	Canolfan Hamdden Penarth	Derbyn – Bl.2	£20
Gweithdy Chwaraeon gyda'r Urdd	Dydd Mawrth 27 Hydref 10.30am – 3pm	Ysgol Gymraeg Bro Morgannwg	Bl.1-6	£10
Gweithdy Athletau, Tennis Bwrdd a Gymnasteg	Dydd Mercher 28 Hydref 10.30am – 3pm	Ysgol Gymraeg Bro Morgannwg	Bl.3-6	£10
Gweithdy Ukulele	Dydd Iau 29 Hydref 2-4pm	Ysgol Gymraeg Bro Morgannwg	Bl.3-6	£8
Gweithdy Ceginio	Dydd Gwener 30 Hydref 10.30am – 3pm	Ysgol Gymraeg Bro Morgannwg	Bl.3-6	£20
Diwrnod Dawns	Dydd Gwener 30 Hydref 9.30am – 2.30pm	Ysgol Gymraeg Bro Morgannwg	Bl.3-6	£20

Gallwch gofrestru ar gyfer unrhyw un o'r gweithgareddau uchod ar wefan y Fenter – www.menterbromorgannwg.cymru – neu cysylltwch â marielen@menterbromorgannwg.cymru / 029 20689888.

Mynd am Dro yn y Fro...i Sili gan 'Dai Lingual'

MAE'N siŵr nad amcan y pwyllgora sy'n gyfrifol am ddeuwis enw pentrefi yw i greu testun gwawd, ond prin yw'r siaradwr Cymraeg nad sy'n edrych ddwywaith ar enw'r pentref yma wrth yrru yn Sili: mae Sully ei hun i glywed yn enw digon amhleserus yn yr iaith fain heb sôn am yr enw Sili yma sy gennym – y cwestiwn (fel arfer!) yw felly – beth sydd wrth wraidd yr enw?

Fy nheimlad / damcaniaeth i cyn ymchwilio'n fwy lleol oedd mai "Si y Lli" oedd y gwreiddyn hwn – roeddwn arfer byw yn nhŷ o'r enw "Sŵn yr Awel" ac o bosib yn deisyfu am gysyniad tebyg o glywed y tonnau'n taro'r arfordir ger traeth y Bendrig ger Y Sili; ardal hollbwysig o ongl paleontolegol fel mae'r deinosor bach (oes yna enw eto?) yn Amgueddfa Cymru yng Nghaerdydd, arddangos. Does dim lle gwell yn yr haf, ond peidiwch ddweud wrth

neb, mae'n gyfrinach! Fodd bynnag, wedi gofyn i rai o Gymry Cymraeg pentref Sili (sydd nid trwy hap yn cydfyw yn yr un fŷ) mae'n lawer fwy tebyg mai Abersili oedd enw'r pentref yn wreiddiol; a bod hynny'n deillio nid o enw afon na nant ond yn hytrach Sant sy'n Sili – er nad mor sili efallai â'r trend diweddaraf o gael dynion tywydd i yngan enw sy'n cynnwys Llan-ty-Siliog.

Gyda llaw, fel brodor o Geredigion, hoffwn gymryd y cyfle i'ch atgoffa taw Llanfihangel Genau'r Glyn oedd yr enw hiraf yng Nghymru ei berchnogion y rheilffordd newid enw Llanfair P.G. (lle oeddwn i hefyd yn byw am gynfod i fod yn deg) i'r enw hiraf heddiw. A dai Lingual, 16 Lewis phwy newidiodd Llanfihangel Genau'r Glyn i fod yn Llandre? British Rail. Nawr dyna beth yw sili!

CYMRORION Y BARRI

NOS Fawrth Hydref 20fed – am 7.15pm Ffestri Capel Tabernacl Y Barri.

Noson ddiwyf yng nghwmni tîm cynhyrchu y ddwy gyfres i ddysgwyr ar S4C - Cariad@Iaith a Dal Ati. Croeso cynnes iawn i bawb.

Wythnos Genedlaethol Twf

BYDD Twf fel rhan o ddathliadau W y t h n o s Genedlaethol rhwng 17-24 Hydref eleni yn cynnal digwyddiad ar ddydd Gwener, 23ain Hydref ar gyfer rhieni â phlant cyn ysgol m e w n cydweithrediad â Cyw.

Bydd sesiwn am ddim ar gael o Ganu a Dawnsio gyda Catrin a Huw, cyflwynwyr newydd

Addysg Oedolion Cyfrwng Cymraeg

BOB nos Lun yng Nghanolfan Palmerston, y Barri:

5-7pm Gweithdy Digidol- teclunau, cyfrifiaduron, help gyda CV neu gais am swydd. 7-9pm Cór Cymraeg, 7-9pm Sgwrsio a Gemau Bwrdd. Llun cyntaf bob mis: Clwb Llyfrau 7.30-8.30pm. Pedwerydd Llun bob mis: Clwb gwino a chrefftau llaw 6.30-8.30pm. Bob dydd Llun yn Llyfrgell Penarth: Amser Stori 2-3pm. Bob dydd Gwener yng Nghanolfan yr Hen Neuaidd, y Bonfaen: Amser Stori 9.30-10.30am.

Mae'r holl weithgareddau uchod ar gael am ddim, ac wedi eu trefnu gan Gyngor Bro Morgannwg. Am fwy o wybodaeth cysylltwch â Mared: 01446 733762 neu ebostiwrch minfurnham@valeofglamorgan.gov.uk.

SÊR EIRY – LIBRA

OS cawsoch eich geni rhwng Medi 22ain a Hydref 22ain rydych chi'n Libra, arwydd awyr dan ddylanwad y planed Gwener.

Mae cyfaddawd yn bob peth i chi, mi fasech chi'n gwneud diplomat ardderchog. Mae cariad a serch yn hollbwysig i chi hefyd. Rydych chi'n caru harddwch a boneddigrwydd.

Mae'n bosib eich bod chi'n hunan yn olygus. Rydych chi'n berson hynaws iawn, yn mwynhau cwmni da, ac yn ymwmni da eich hunan ac yn berson poblogaidd.

Gwell gyda chi lawer fod mewn mewn partneriaeth, mae'n gas gyda chi unigrywdd a bod ar eich pen eich hunan. Fe rheol rydych chi'n priodi'n ifanc (yn aml gyda

Libra arall), ac yn aml yn priodi mwy nag unwaith.

Rydych chi'n gymdeithasol, yn annwyl iawn, ac wrth eich bodd yn cael amser da. Mae heddwch a harmoni yn bwysig i chi ac fe ewch chi'n bell i gadw'r ddesgl yn wastad.

Fel rheol mae gyda chi feddwl agored a ry'ch chi'n ardderchog am gymodi mewn ffrae. Mae'n bosib eich bod yn gerddorol hefyd.

Serch hynny mae wynebu'r gwirionedd yn eich poeni weithiau, ac fe allwch ddweud celwydd i osgoi'r gwir. Rydych chi'n dueddol o ddilyn y llwybr hawsaf mewn bywyd.

Libriad enwog: Margaret Thatcher, Emyr Wyn, Rhodri Morgan, Jan Morris, Nia Caron, Ioan Gruffydd.

Darpariaeth Blynnyddoedd Cynnar Cyfrwng Cymraeg

MAE Mudiad Meithrin yn fudai gwirfoddol ac mae'n cael ei gydnabod fel prif ddarparwr gofal ac addysg blynnyddoedd cynnar cyfrwng Cymraeg yn y sector wirfoddol.

Ein nod yw rhoi cyfle i bob plentyn ifanc yng Nghymru fanteisio ar wasanaethau a phrofiadau blynnyddoedd cynnar trwy gyfrwng y Gymraeg.

Rydym yn deall yn iawn fod dod o

hyd i ofal plant o safon yn hynod o bwysig i chi fel rhiant, ac mae nifer o Gylichoedd Meithrin a grŵpiau Ti a Fi yn cael eu cynnal ar draws Bro Morgannwg.

Wrth edrych ar ein gwefan mae modd i chi ddod o hyd i ofal plant o safon yn eich ardal chi. Mae modd i chwilio fesul math o ddarpariaeth, ac yn ôl pellter o'ch cartref.

Gallwch hefyd gysylltu gyda Swyddog Cefnogi Bro Morgannwg, Nadine Marshall; 07792949889/nadine.marshall@meithrin.cymru.



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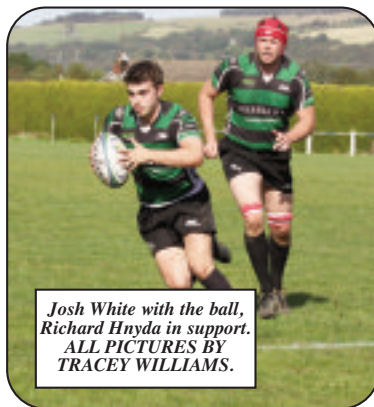
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Porthcawl RFC news round-up



Josh White with the ball, Richard Hnyda in support.
ALL PICTURES BY TRACEY WILLIAMS.

A Porthcawl side without a regular scrum - half travelled to Bryncoch to play a first round match in the WRU Bowl.

The first half was a one-sided affair as the home side racked up a 30-7 interval lead, with tries by Richard McNeil (2), Rob Williams, Craig Thomas and Gavin Jones, who also added a conversion and penalty.

The returning Gareth Richards notched the Seaweeds' try, converted by Josh White, leaving Porthcawl facing an uphill battle in the second half.

Yet, they responded superbly, as tries by Curtis Kerton and Ben Thomas, both converted by White, saw a strong revival to bring it within nine points and when White's penalty narrowed the gap to just six points at 30-24, it all looked possible that the visitors might yet snatch it.

However, a late surge by Bryncoch saw Andrew Spratt grab a defining try, goaled by Thomas for 37-24 at the death.

This was an entertaining match in nature and the way Porthcawl responded to the large interval deficit will hold them in good

stead for Saturday, when a hopefully full-strength side will welcome Alltwn to South Road. **Porthcawl RFC youth emerged 45-10 winners over St Josephs youth in a cup game.**

UNDER 9S - PORTHCAWL 9, YSTRAD RHONDDA 6

Our first win of the season and a good game of rugby.

Our defence was much better today allowing us to win the ball and show off our ball skills and passing. There was no better example of this than two of Lewis' tries, where he ran supporting lines following a number of our runners who popped the ball out of the tackle to finish off with a pass out into space for Lewis to cross the line, adding to his two other individual efforts.

Lewis' four tries meant he picked up top try scorer award, but also topped the table with most tackles. We had a number of players showing that they are getting used to the physical nature of the game with confidence building, no more so than Neeson who was awarded top tackler for his two textbook side tackles executed to perfection - well done Matt.

Also making a mark in defence were Piers, Oscar and Lex, putting in strong games, with Brody back to his best having a good run and putting in great tackles.

It is also good to see a few players' confidence grow week after week like Joel, who had a number of runs and could have crossed twice if he had pinned his ears back, but nice to see that confidence grow.

Theo and Ryan were also back on form - the last two weeks both had been very quiet, but here they burst back into form brimming with confidence making tackles and back with those mazy runs, and Theo was back on the scoreboard.

Another back on form was Harrison in first appearance for the season and took his try well sidestepping players and running strong into the corner picking up individual effort award.

The last award went to Dexter who put in a powerful performance running great lines and making tackles - keep it up Dexter as your game is getting stronger every week, picking up making the difference award.

The whole team played well and moved



Mattie Davies looks to make a break.

the ball into space with some natural flair which was so pleasing to watch.

What made the difference was players offloading to players in better positions than them, notably Lewis, who was also on the end

of some great offloads, but Samuel and Dewi who both read the game so well and passed so well, creating tries for their team mates and both pushing Dexter for that clubman making a difference award.

Tries were scored by

Lewis (4), Sam (2), Dexter, Theo and Harrison.

The under-8s were defeated 6-4 by Ystrad Rhondda, while the under-7s earned a 19-7 win over the same opposition.

Disabled adult touch rugby

BRIDGEND DFC was formed back in 2011 by husband and wife team Phil and Kelly Hall to offer disabled adults the opportunity of playing competitive football around the UK.

After a series of meetings we have changed our now to Bridgend DFC Inclusive Sports, so that we can offer more sporting opportunities throughout Bridgend.

Sunday, October 4

sees our first touch rugby open day at Pyle Rugby Club from 12 noon in partnership with Bridgend Blue Bulls Rugby League team, and from this event the Blue Bulls will be offering to put on coaching sessions for anyone with a disability or mental health.

If anyone is interested in coming along and trying their hand at touch rugby, then pop along on Sunday and give it a try.

KH

Flint's Ayla lands yet another win

BRIDGEND trainer John Flint saw his six-year-old bay mare Ayla's Emperor notch-up her third win of the season when landing the 'Be Hopeful' Handicap at Bath on Monday.

Ridden by usual rider Daniel Muscatt, Ayla's Emperor won by half-

a-length from the top weighted favourite Glennten in a field of 14 runners and started at odds of 11-2.

Ayla's Emperor's previous wins were at Chepstow and Bath and she is in such good form that another win could be on the cards.

BRIAN LEE



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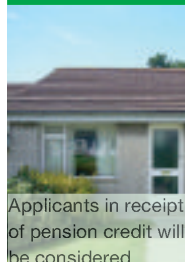
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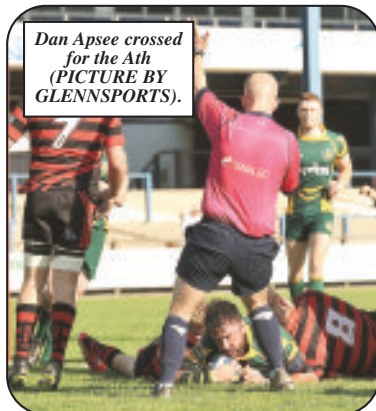
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Lacklustre effort sees Bridgend Athletic defeated



Dan Apsee crossed for the Ath
(PICTURE BY GLENNSPORTS).

IN perfect conditions at the Brewery Field the first passage of play in this game between Bridgend Athletic and Glynneath was frantic, with four minutes of unbroken cut and thrust rugby.

Five minutes later Glynneath should have scored when their centre cut through the middle from a lineout and only had the full back to beat, but threw a very wayward pass to his supporting player which was knocked on.

Two minutes later Athletic outside half Scott Govan was sin binned for a deliberate knock on. This led to several pressure situations in the Athletic 22 which they managed to clear.

A penalty to touch gave the Ath a good foothold in the Glynneath half but they lost the ensuing lineout.

After 16 minutes the Athletic tapped a loose ball back from a Glynneath put in which landed them in trouble.

The Glynneath hooker pounced on the ball and ran straight and hard, sucked the defence in, and they swiftly recycled possession, enabling their numerically superior backs to complete the formality by putting full back Chris Moore over in the corner.

The conversion failed. Athletic full back Danny Howells, in his first game of the season, suffered a leg injury and was replaced by scrum half substitute Aled Thomas, forcing a reshuffle in their back

division.

Approaching the half hour mark, an almost endless series of scrums on the Ath five yard line, with the put-ins swapping back and fore, eventually resulted in a pick up and simple try for Glynneath's eight, Stuart Leach; Lloyd Thomas converted.

At this stage Glynneath had much the better of proceedings but the Athletic lived up, only to concede another Lloyd Thomas kick after holding back a player in a Glynneath breakaway. Athletic winger Lewis Evans responded with a penalty of his own to leave the half-time score at 15-3 to the visitors.

The game degenerated into a scrappy affair and the absence of several key players for the Athletic was proving costly. They were making far too many errors and seemed incapable of getting out of the malaise that struck them.

Lewis Evans and Lloyd Thomas exchanged two penalties apiece in the early part of the half before the Athletic upped the tempo in search of the bonus point.

With a minute to go the pressure resulted in a yellow card for Glynneath and, in the next play, Athletic number eight Dan Apsee crashed over under the posts for a try converted by Lewis Evans, the final score 21-16.

This was an unusually lacklustre performance by the Ath, struggling at scrum time against a bigger pack, and they will have to improve for their home game against Beddau this Saturday.

MD

BRIDGEND BRIDGE CLUB

THE new beginner lessons that are now running will take place from 11.30am-1.30pm.

The results for recent events are: Wednesday, September 23 - 1st Rob Forman and Alan Heath, 2nd Steve Burgoyne and Ann Fox, 3rd David Bowen and Dave Crompton. Winners on handicap David Bowen and Dave Crompton.

Thursday, September 24 - 1st Emer Disley and Debbie Lea, 2nd Rosalie Clode and Glyn Williams, 3rd Dilys Bowser and V Irene Thomas. Winners on handicap Dilys Bowser and V Irene Thomas.

Friday, September 25 - 1st Linda Pincock and Denis Mottram, 2nd Steve Burgoyne and Bill Turner, 3rd Irene Thomas and Jennie Vaughan.

Winners on handicap Linda Pincock and Denis Mottram.

Regular club nights take place on Wednesday and Friday evenings at Nolton Church Hall. Play is scheduled to commence at 7pm so it helps if players arrive at least 10 minutes early.

On Thursday afternoons 2pm, also at Nolton Church Hall, there is a gentle duplicate session. Master points are now awarded but it remains a relaxed occasion where players enjoy their bridge.

New lessons for beginners commenced on September 24, and will continue for 10 sessions.

Further information can be obtained by calling Steve Burgoyne on 01656 661968, John Evans on 01656 880372 or David Newman on 01656 649138. TG



Coaches Julian Fricker (L) and Stuart Parfitt with Brackla's under-12s.

JUNIOR TEAM ARE HELPED OUT BY RESTAURANT CHAIN

BRACKLA Junior Football Club's under-12s will start their first ever competitive league with brand new kit thanks to American restaurant, The Smoke Haus.

The restaurant, which has two venues in Cardiff and Swansea, has sponsored the junior team who were growing out of their old shirts and were in desperate need for new kit to start the season.

Owner of The Smoke Haus, Mark Power, said: "Every football

team needs a kit that fits and looks good. Julian, the team's coach, designs our website and he mentioned that the boys were growing out of their kit - so we donated £300 so the whole team could get a shirt.

"It's only something little from us, but we can see it means the world to the players. Having played in various sports teams through the years, I know how your kit makes you feel part of a team. This is even more important when you're playing in a league."

Julian Fricker and Stuart Parfitt

both coach the under-12 team which played their first match in their new kit in the Bridgend Junior League this month.

Julian said: "We're really grateful to Mark and everyone at The Smoke Haus for their support. We have some really talented players on the team with the potential to go really far."

"Sponsorship is vital for grassroots football, a lot of time and equipment is donated but it's important to make sure the training sessions and matches happen."

Pencoed RFC suffer a loss against Ammanford

P E N C O E D conceded a soft score in the opening minutes in this game against Ammanford, home scrum half Gareth Rees breaking a tackle to score wide out.

Pencoed outside half Adam Williams then kicked a 35-metre penalty goal before centre Rhyddian Morris increased their lead to 8-3 with a penalty.

The Pencoed scrum half at this juncture was on top and providing a solid platform which was responsible for their next two first half tries.

Following a couple of missed penalty opportunities and with Pencoed on the offensive they then chose the lineout option which was to pay dividends, second row Dano Howells taking the close up lineout before hooker Tom Drew emerged from the drive having got the touchdown; Williams converted for a 10 points to 8 lead on the half hour.

Back row forward Rhys Pope then put Pencoed back on the attack from the restart with a couple of forceful runs, and with the home side picking up a yellow card, Pencoed capitalised, again driving over from the lineout, second row Ricky Somers this time the beneficiary, just reward for the hard-working second row forward, who was later forced to leave the field with a leg injury.

Pencoed then almost got another, wing Richie Samuel just failing to

hang on to a clever kick from centre Rhys Thomas metres out.

From this point things continued to go wrong for Pencoed, losing prop forward Christian Powell, whose graft in the front row alongside skipper Keiron Moore and Drew had put the home side on the back foot during most of the half.

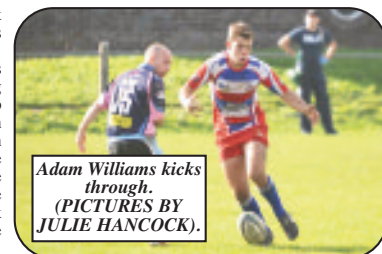
Then on the stroke of half-time Ammanford countered for centre Mike Evans to score, Evans breaking a tackle to race over wide out and Pencoed led 13-15 at the interval.

Early in the second half Rhyddian showed just why they were unbeaten to date, their pacy backs needing no second invitation to profit from some injudicious kicking from Pencoed deep in their own territory, resulting in tries from Rees and wing Gary Stephens, Morris adding both conversions for a 27-15 lead.

A midfield melee then resulted in home captain Emyr Price increasing his side's lead with a try under the posts, Morris adding the extras, and within minutes the game had been put beyond Pencoed's reach at 34-15.

A Thomas dummy and break then took play into the home 22; however the dangerous Ammanford backs broke away on the counter for Evans to get his second try, Morris converting.

Despite picking up what has become a bad habit to date, the dreaded yellow card, to their credit Pencoed had the last say on the scoreboard, Marc Davies at fly half making the



Adam Williams kicks through.
(PICTURES BY JULIE HANCOCK).



Jack Picton attempts a charge-down.

initial break for supporting centre Gareth Dyer to put Williams over, who, now at full back, added the extras for a final match scoreline of 41-22.

Pencoed will reflect on a performance where their first up tackling and choice of kicking option had let them down; however there were positive signs over the course of the game, which in the longer term and with a full squad to select from they will come to terms with their new league status.

Meanwhile hard work on the training ground is paramount. **MUMBLES YOUTH 13, PENCOED YOUTH 27**

In what was described as a somewhat lacklustre performance, all the round team work of this developing Pencoed youth side

brought them through against the Swansea seaisiders in this Ospreys league match.

Rhys Butler led the try scorers with a brace of tries, skipper Liam Parrish, Griffith Davies and Jack Pope also getting tries, and Cameron Fyvie Davies adding a conversion.

Pencoed once again used all their squad members on the day with half backs Callum Palmer and Fyvie Davies chosen by match observers for mention following good displays.

These are early days of course in the Ospreys OA League; however Pencoed, having played two, won two, sit on top of the table with nine match points.

At the time of going to press Pencoed youth entertain Tonmawr youth on Saturday, 2.30pm kick-off. TR

Ffion and Megan shine as Wales' girls land touch rugby title!



FFION REVILL (Brynteg Comprehensive School) and Megan Webb (Bryntirion Comprehensive School), both 14-years-old, were selected to play touch rugby for Wales under-18s girls in the European Junior Touch Rugby Championships in Nottingham on August 22/23.

It was the first year the girls competition was run, with Wales also taking a boys and mixed under-18 team to the tournament.

The girls faced opposition from England, Ireland and a European select team. Day one saw the girls play four group games - in the opening match Wales beat Ireland 9-0.

Game two saw Wales beat European Select 8-1 with Megan scoring two tries and Ffion scoring one. The third game of the day was a tough match against the hosts England, with Wales running out 4-3 winners.

The final game of the day saw the girls beat

the European select team 4-2, leaving Wales top of their group going into day two.

Day two started with a 7-0 victory over Ireland with Megan scoring a try. The final group game saw Wales beat England 5-3, setting up a semi-final against Ireland.

Once again Wales came out on top beating Ireland 5-1. The final saw Wales play against England and in a close-fought final Wales ran out 3-1 winners to become the inaugural winners of the under-18 girls junior touch rugby championships, finishing the tournament undefeated.

In addition to winning the tournament, Megan won the most valuable player award for the Welsh team.

Wales took a clean sweep of titles with the boys and mixed team both beating the England teams in their respective finals.

This was the first experience both girls had of playing touch rugby as they usually play 15-a-side with the Cardiff parents; both sets of parents are proud of the girls' achievement at such a young age. BJ

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Recruitment

A 59 year old man in Barry is looking to employ a Personal Assistant for 10 hours per week.

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You must be friendly, sociable, a car driver and undertake a DBS check (no cost to you), £8.50 per hour, plus mileage allowance if applicable.

Please visit www.dewisci.org.uk/recruitment or email recruitment@dewisci.org.uk for more details.

Ref number VOG283, Charity No. 1098229.

Due to expansion Cherish Cymru**requires Home Care Workers**

to cover **Barry, Cowbridge & Llantwit Major**. Own transport essential. Full time availability required. Hours ranging from 7am to 11pm. Contact Robin Kiff on **01446 772904** or cherishcymru@hotmail.co.uk

Cowbridge with Llanblethian Town Council TOWN CLERK/RESPONSIBLE FINANCIAL OFFICER

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The Town Council is seeking to appoint a new Town Clerk/RFO working from the Town Clerk's Office, at the Town Hall in the centre of Cowbridge. Applicants must be able to demonstrate that they have experience of administrative and financial management; excellent literacy and communication skills and competent and up-to-date IT skills. CVs will not be accepted.

For further details of the post, job description and application form please email: enquiries@cowbridge-tc.gov.uk or telephone 01446 773385.

CLOSING DATE: Wednesday 12 Noon 14 October 2015
INTERVIEWS: Wednesday 21 & Thursday 22 October

Cowbridge with Llanblethian Town Council is striving to be an equal opportunity employer and welcomes application from all sections of the community.

Family Notices

JENKINS
Graham Lewis

On September 27 at Holme Tower, Penarth, Graham Lewis, aged 87 years. Retired Senior Probation Officer of Barry. Dearly loved husband of Audrey, much loved father of Katherine and Caroline, father-in-law of Gordon and Robert, cherished grandfather of Sophie, Harriet, James and Dominic, great grandfather of Arthur and Lewis.

Funeral service and interment 12 noon on Saturday, October 3 at St Cadoc's Church, Llanfarcn. Family flowers only, donations in lieu, if desired, to Llanfarcn Church c/o J James, 11 Fomnon Road, Rhose, Vale of Glamorgan, CF62 3DZ.

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Family Notices

BARBER
William John

Peacefully on September 22 at Llandough Hospital, Bill of Llantwit Major. Dearly loved husband of Jean and much loved father of Annette, Jackie and Robert. He was a much loved grandfather and will be sadly missed by all his family and friends.

Resting at W.A. Brown & Son, Llantwit Major until the funeral service in St. Illud's Church on Friday, October 16 at 2pm, followed by interment at Boverton Cemetery. Family flowers only but donations may be made to Help for Heroes c/o the Funeral Home (cheques only).

THOMAS
David Charles

Unexpectedly on September 21 at his home in Llantwit Major, David in his 91st year, beloved husband of the late Margaret, dearly loved father of Yvonne and Beverly, father-in-law of Kelvin and Phil, much loved grandfather of Nicky-Jane, Debbie-Anne, David and Nicholas, grandfather-in-law of Andy, great grandfather of Jaime-Leigh, Billie-Joe, Phoebe and Eloise.

Resting at the Private Funeral Home of W James & Sons, Fomnon. Funeral Wednesday October 7, service and cremation 2pm at Cardiff & Glamorgan Crematorium, Barry. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to Parkinsons Disease Society c/o J James, 11 Fomnon Road, Rhose, Vale of Glamorgan CF62 3DZ.

DAVIS
Gordon

Suddenly at home on September 22, Gordon, beloved husband of the late Elaine, loving dad and grandad.

Gordon will be missed by all his family and friends.

Resting at the private funeral home of The Vale Funeral Service, 181 Court Road, Barry until his service on Monday, October 5 at Cardiff & Glamorgan Crematorium, Port Road East, Barry at 2pm. Family flowers only please, donations can be made at the service or via Gordon's online tribute page @ www.valefuneralservice.co.uk to support Marie Curie Hospice, Penarth.

Further enquiries to Lyndsay Ellis@The Vale Funeral Service, 01446 407962.

JONES
David Gareth

Passed away September 24 at the Waverly Care Centre after a bravely fought illness. Will be sadly missed by his beloved wife Margaret and sister-in-law Julie. Father of Graham, the late Timothy and Louise. Grandfather to Anthony, Michael and Philip.

Resting at Park Funeral Directors, 7 Tynwydd Road, Barry until the service at noon on Tuesday, October 6 at Cardiff & Glamorgan Crematorium, Port Road East, Barry. No flowers please but donations, if desired, given to Marie Curie Cancer Care or Cancer Research Wales c/o Park Funeral Directors or can be made at the service.

HANLON
Vince

Margaret and family would like to thank everyone who attended the celebration of the life of a wonderful man. Thank you for all the cards, flowers and donations of £300 for "Vale Plus". A special thank you goes to Lyndsay and staff and a big thank you goes to Tony Leeson for giving the uplifting service.

EVANS
Evan Dilwyn

Peacefully but suddenly at his home on Wednesday 16th September 2015. Dilwyn of Ynysddu, Pontyclun, will be sadly missed by all his family and friends.

Resting at Pontyclun Funeral Services Private Chapel of Rest until the funeral on Monday October 5. Service at St Paul's Church, Pontyclun at 12pm, followed by interment at Maesteg Cemetery at 1.30pm. Family flowers only by request, donations in memory of Dilwyn may be sent for British Heart Foundation c/o Pontyclun Funeral Services, Clun Avenue, Pontyclun CF72 9AG, 01443 224358.

Anniversaries

Golden Wedding

October 2 1965-2015

Alan & Christine

Hartery

Wishing our wonderful parents a truly amazing Golden Wedding Anniversary and we cannot wait to help you celebrate.

Love always - Paul & Claire, Mark & Helen xxxxx

Nanny & Bampy Hartery
Golden Wedding October 2

1965 was a very long time ago to us, so we are all very excited to see you on your Golden Wedding Anniversary in 2015!

Love always - Ben, Nathan, Christian & Megan xxxxxx

Public Notice

Notices under Articles 10 and 25
Town & Country Planning
(Development Management Procedure) (Wales) Order
2012 NOTICE UNDER ARTICLE 10 OF APPLICATION
FOR PLANNING PERMISSION

(to be served on an owner* or a tenant** or to be published in a newspaper (and, where the local planning authority maintain one on their website))

Proposed development at (a) **Former Peterston Rail Station - Station Terrace, Peterston-Super-Ely.**

I give notice that (b) **Michelle Bagshaw** is applying to the (c) **Vale of Glamorgan Council (Local Planning Authority)** (Welsh Ministers) for planning permission to (d) **Build 12 affordable houses, of 1; 2 and 3 bedrooms.**

Members of the public may inspect copies of the application, the plans and other documents submitted with it at (c) **Dock Office, Barry Docks, Barry CF63 4RT** during all reasonable hours until (f) **14 days from publication of this notice** and online at (g) **www.valeofglamorgan.gov.uk**.

Anyone who wishes to make representations about this application should write to the (Local Planning Authority) (Welsh Ministers)* at (c) **Dock Office, Barry Docks, Barry, CF63 4RT** by (f) **15/10/2015**. *owner* means a person having a freehold interest or a leasehold interest the unexpired term of which is not less than seven years, or, in the case of development consisting of the winning or working of minerals, a person entitled to an interest in a mineral in the land (other than oil, gas, coal, gold or silver). **tenant* means an agricultural tenant, as defined in section 65(8) of the Town and Country Planning Act 1990, of land any part of which is comprised in the land to which the application relates.

Signed **Isaac Benjiya, Anderson and Associates (S.W.) LTD (Agent)** on behalf of **Michelle Bagshaw (Applicant)**.
Date: **1st October 2015**

Statement of owners' rights
The grant of planning permission does not affect owners' rights to retain or dispose of their property unless there is some provision to the contrary in an agreement or in a lease.

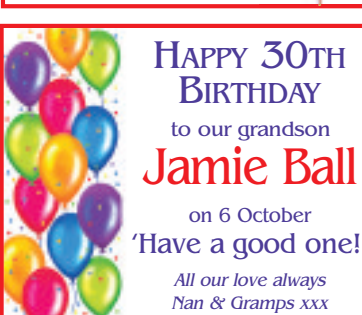
Statement of agricultural tenants' rights
The grant of planning permission for non-agricultural development may affect agricultural tenants' security of tenure, delete where inappropriate.

Birthdays

Happy Birthday!

Happy Birthday my darling "Roo"
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We love you so much from all your family here and in Argentina xxx

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Thank You

A Big Thank You

Rosalie Fido would like to give a big thank you to her fantastic family and to all that helped celebrate her 80th birthday. She was overwhelmed by all the cards, flowers, gifts and good wishes. She hopes you enjoyed it as much as she did.

Rose

Sheila Pritchard

Would like to thank the firemen for the fantastic care they gave her when another person drove straight at her in her car, also the police and all involved who assisted at the scene and at the hospital. As her car was so badly damaged and is now a write-off.

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COWBRIDGE UNDER-10s TAKE DISTRICT TITLE



IN bright September sunshine, Cowbridge RFC under-10s took two teams, the Bears and the Antelopes, to the district tournament in Llandaff, with a total of 20 teams competing for the prestigious trophy.

In their pool, the Bears were first up against Llandaff B. We were caught napping and lost against a strong unit 4-0, but this was the low point of the day, with a scoreless draw against Llantwit Major, a 1-1 draw against Old Pens B, with L Thomas bursting through the middle from close range and Joe Davies closing off the pool matches scoring in the corner for a 1-0 win against Fairwater.

Narrowly missing out on a top two finish, the Bears went through to the quarter finals of the

knock-out competition.

The Antelopes' first game in their pool was against Llandaff A, where we won 3-0, with try scorers Henry Davies, George Tuckley and Osian Bruce. Next up was Old Pens A, who we beat 6-0, try scorers, two each for Harry New, Osian Bruce and George Tuckley.

We then played CRICC, running out winners 3-1, with tries from Henry and two more from Harry. The final pool match was against Clwb Rugby, which we won 7-1, with a hat-trick of tries for both James Lord and Harry, and one for Ben Stephenson.

Topping the pool, the Antelopes went through to the quarter finals of the Cup competition, where they came through a close match 2-0, with Henry and Harry adding to their try count against our friends Pentrych. The team came up against

Llandaff B in the semi-final, winning 3-0, with another try for George and two more for in-form Harry, so progressed through to the final against unbeaten Llanishen.

The Bears' opponents in the quarter finals had already left, so we had a bye into the semi-finals, for a place in the final of the Plate. This was a match too far for the boys, and with the injury count increasing, we lost to a well-tuned Llandaff A side. The boys left it all out on the pitch and should feel very proud.

The Bears picked themselves up and went straight over to the other pitch to cheer on the Antelopes, who were just about to kick off in the final of the Cup.

This was a tough game for both sides after such a long day of physical

rugby. Neither side gave an inch with some ferocious tackles from both teams, the majority of the first part of the game taking place in the middle of the pitch.

Slowly our forwards started forcing Llanishen back and the ball went out to Harry on the wing, who weaved his way through to open the scoring for Cowbridge.

Llanishen then had a break of their own, with Jake Davies making a try-saving tackle but the forwards were not about to allow their line to be breached. Ioan Phillips, Joe Arentsen, Henry Whitehouse and Ned Rees galvanised the rest of their team mates with some superb defensive tackles, before managing to break through the Llanishen attacking line.

Sam Sheppard gathered the ball from

yet another strong ruck from James Collingridge, offloaded superbly to Osian who finished the day, crossing over into the corner for a thoroughly well-deserved 2-0 win for Cowbridge, who were crowned the district winners. Well done to all the squad.

Squad: Sam Sheppard, Osian Bruce, James Collingridge, Harry New, Joe Arentsen, Ioan Phillips, Ned Rees, George Tuckley, Henry Davies, Whitehouse, James Lord, Jake Davies, Ben Stephenson, Charlie Berkley-Smith, Joe Davies, L Thomas, Will Brennan, Paddy Whitestone, Josh Canning, Jacob Robson, Wil Martin, Corey Williams, Ollie Gale and Joseph Funtek.

AL



Vale Karate pick up medals at event

EVENT three of this season's Welsh Karate League, held at Penarth Leisure Centre on September 27 was another hugely successful one for Vale Karate, as the squad won nine gold medals, 12 silvers and 14 bronzes.

Vale Karate's classes for young people with disabilities and special needs delivered four medals in the special needs category with Bradley James taking the gold medal in the under-14 category, ahead of Jared Butcher in silver medal position, with Lucas Widdrington winning the bronze medal. Asa Madsen took the silver in the 14 years plus category.

Josh Dwyer and Harrison Williams, competing as the Vale Vipers, remained unbeaten this season in the pairs kata event, taking their third straight gold medal, beating their team-mates Max Baker and Jack George (the Vale Falcons) in the final.

Vale Karate had all four medalists in the under-8 girls kata event, with 8-year-old Daisy Vann taking her third gold medal of the season, beating first timer Talia Efsthathiou (7), in the final.

Vale Karate's youngest competitors, Amelie Fisher (6), and Angel Manayani, just five years old, were in joint bronze medal position.

The under-10 girls kata was another all-Vale final; however a surprise was in store as Ellie Jayne Farrugia took her first ever gold medal, beating Ella Lyons, the winner of the first two events, in the final.

Griff Hughes and Chiara Baker, both 11 years old, and both winners of WUKF European medals, each won their own half of the draw in the under-16 Shotokan event to meet in the final.

Each is being pushed by the other to greater heights and their final was very impressive. Griff was judged to have

the edge and rewarded by the gold medal; Emma Squire took the bronze medal.

Chiara went on to take two further medals, a bronze in the under-12 kata and a silver in the under-12 girls kumite.

Little Greg James always has to battle bigger opponents, but this little warrior lacks nothing in determination or bravery and against the odds took the gold medal.

Team-mate Nathan Shepherd, silver medallist in WKL I and champion in WKL II, took the bronze to hold a full set this season. Nathan also took an under-10 kata bronze.

Jack George overcame the odds to beat his illustrious team mate Josh Dwyer, the newly-crowned British International Open Champion, in the final of the under-14 boys kumite to take the gold medal.

Neither Finnian O'Donovan nor Sam Stacey managed to progress to the individual medal positions in the under-12s; however they were on fire in the team event

and joined by Chiara Baker, Vale beat Cardiff and Wattstown to take the gold medal.

Leah Copeland is always in with a shout at two gold medals as she is equally adept at both kata and kumite.

She was surprisingly beaten in the kata final, but was not to be denied in kumite and showed that the standard she displayed at the British International Open, when she took two kumite golds was no fluke as she conceded just one point and scored 19 on her way to her third consecutive WKL kumite gold medal.

Vale Karate entered competitors in 22 categories, earning medals in 20 of those.

There are several events on the horizon with the next WKL event; WKL IV taking place in Bridgend on November 1.

Pictured above, from left, are: Angel Manayani (5), Amelie Fisher (6), Talia Efsthathiou (7) and Daisy Vann (8).

RC

Presentation night at Romilly Bowls Club

BARRY Romilly Bowls Club ladies' and men's sections will hold their annual presentation night this Saturday at the BP Club, Market Street, from 7.30pm with live music once again from Norman Pereira.

After last year's inaugural presentation night, which was enjoyed by all, this year is expected to be even better, especially as Romilly men are the new champions of the First Division of the Cardiff Municipal League (CML).

The club's 'A' side also won the fifth division and the SVLA Cup, plus the midweek teamclub which has never won a league division before in its 107 year history.

The presentation night is to honour bowlers who have won competitions this season, and the recipients are as follows:

Ladies' Competitions:

Champion Singles – runner-up Myra Newman, winner Beryl Holmes; Novice Singles – runner-up Lynne Lafford, winner Gaynor Taylor.

Handicap Singles – runner-up Rita Jones, winner Myra Newman. 2 Wood Singles – runners-up Lynne Lafford/Jac McPherson, winners Angels Hort/Judy Davies.

4 Wood Pairs – runners-up Angela Hort/Jan Noble, winners Gaynor Taylor/Myra Newman.

Triples – runners-up Ann, Haines/Alma Shepherd/Beryl Holmes,

winners Shirley O'Donovan/Diane Wyatt/Myra Newman.

Rinks – runners-up Ann Haines/Angela Hort; Judy Davies/Myra Newman, winners Faye Woolcock/Anne Johnston; Marilyn Werner/Norma Goodrich.

Men's Competitions:

Championship Singles – runner-up Phil Gershenson, winner Jeff Wright. Mottram Singles – runner-up Dave Noble, winner Jeff Coles.

Tim Evans Singles – runner-up Mike Gronow, winner Jeff Coles.

Handicap Singles – runner-up Mel Newman, winner Jeff Wright.

Two Wood Singles – runner-up Mel Newman, winner Jeff Wright.

Four Wood Pairs – runners-up Jeff Coles/Fred Phillips, winners Gwynne Rees/Rhys Phillips.

Triples – runners-up Colin Davies/Mike Gronow/Rhys Phillips, winners Jeff Coles/Des Bannister/Paul Clarke.

Rinks – runners-up Des Bannister/Alf Woolcock; Rhys Phillips/Roger Jones, winners Colin Davies/Terry Bloomfield; Brian Cheal/Mike Doyle.

Mixed Competitions:

Two Wood Mixed Pairs – runners-up Des Cameron/Myra Newman, winners Jacquie McPherson/Mel Newman.

Mixed Rinks – runners-up Shirley Donovan/Alan Bannister; Jo Jeeves/Mike Doyle, winners Phil Herbert/Margaret Lalande/Kelvyn Mills/Myra Newman.

Articles For Sale

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Game of two halves as Athletic are knocked out

LEADING 1-0 at half-time with a goal from Teejay Caton the Athletic felt that they were in control of this well-attended South Wales Intermediate Cup first round match against Splott Cons Old Boys.

With Frank Roe and Ben Pearce stepping into the squad and not looking out of place, the general feeling for the half-time team talk was more of the same and the Athletic would be looking out for the second round draw!

Splott came out of the traps like a greyhound at the start of the second half and Athletic were in turmoil. Two goals in quick succession and a red card for an Athletic midfielder the tables

turned rapidly.

The rest of the game saw Splott constantly on the attack and the inevitable came with another three goals and another red card for the Athletic, finishing the game with nine men.

A disappointing end to what could have been a great return to the Athletic ground; thanks to all supporters that turned out and to Ben Jones Building Contractor for sponsoring the match ball.

Athletic have a community open day this Saturday, October 3 - anyone that is interested in becoming involved with a local club at any age can join us. Please feel free to come along to the Athletic ground where there will be football matches from 10am until 4pm.

AG

Brian's 50 years between the flags!

AFC PLAY HOST TO LOCAL TEAMS



Llantwit Major AFC under-8s.

IG

'Ryder Cup' battle takes place at the St Athan Golf Club

The Combined Services and Civilians teams.

*The Combined Services
and Civilians teams.*

Toasting the winning team.

Toasting the winning team.

Elwyn Parry surveys the scene!



ELWYNDARRY RYDER CUP 2015

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3rd Civilian	80	8
4th Civilian	70	7
5th Civilian	60	6
6th Civilian	50	5
7th Civilian	40	4
8th Civilian	30	3
9th Civilian	20	2
10th Civilian	10	1

COMBINED SERVICE

SQUAD	POINTS	WINS
1st Service	100	10
2nd Service	90	9
3rd Service	80	8
4th Service	70	7
5th Service	60	6
6th Service	50	5
7th Service	40	4
8th Service	30	3
9th Service	20	2
10th Service	10	1

The scoreboard!

The scoreboard!



Liz Fine, Jo Hopkins and Carole Allen.

Past captains at Brynhill Golf Club



Liz Fine, Robbie Lee and Carole Allen.

CAROLE ALLEN is the past ladies captains' representative for Brynhill Golf Club.

During the summer months Carole has organised regular golf competitions for the past ladies' captains. Every event has been thoroughly enjoyed and very well supported and is played over 10 or 12 holes.

Even when the weather hasn't been ideal the ladies have braved the elements to give their support for Carole's hard work. On September 18, the competition held was for the coveted past captains' memorial cup, played over 18 holes.

June Sanderson and Rosemary Goldsmith, who are no longer playing members, were given a big welcome by all the ladies, and the prizes were presented in the clubhouse.

Winner Jo Hopkins 33 pts; runner-up Carole Allen 31 pts; third place Robbie Lee 29 pts. Carole was presented with a thank you gift from the past ladies captains for all her hard work.

RESULTS

Marcus Watt Cup - winner Glenn Taylor - 69 nett; runner-up Andrew Anstee - 71 nett. Ken Murphy - winner Scott Nelson - 77 gross.

JK

HONOURS EVEN FOR COGAN YOUTH TEAM

COGAN FC youth team shared the points in the South Wales east youth league encounter with Pentrych in dramatic fashion.

Cogan FC packed the

midfield in a attacking formation creating chances from wide positions, the pace of Gabriel Paines was causing the away team problems and the talented forward produced a moment of

magic when he beat two players before smashing the ball past the helpless goalkeeper to give Cogan FC the lead.

Further chances fell to Cogan FC but it was Pentrych FC who took advantage when a corner kick was headed home from the visitors.

In the second half Cogan FC again created countless chances with the defensive unit of Pearce, Frost, Ahmed and Tidley proving too strong for the visitors.

Following a slick move Cogan FC won a penalty when Paines, again proving a handful, was brought down for a 80th minute penalty; the player picked himself up to put Cogan 2-1 up.

A scrappy 10 minutes followed with the visitors seeking an equaliser following a eight match unbeaten run, and a quick free kick caught out Cogan FC when Pentrych equalised in the dying minutes.

Next up for Cogan FC youth are Penrhinwceiber Rangers FC on Sunday, October 4.

PG

Confident Coaches sought by Council!

THE Vale Council will soon be kicking off its new

Confident Coaches Programme, aimed at increasing participation in sports among young people and adults and recognising their work through an accredited qualification.

Cllr Gwyn John, Cabinet Member for Visible and Leisure Services, said: "The courses run by the council offer an excellent opportunity for people to learn and develop coaching skills in areas as diverse as coaching disabled people in sport to learning about the fundamentals of movement and first aid.

"These very different courses are about building confidence, developing leadership skills and inspiring participants to increase their participation in

sport and who knows, to realise a career that had hitherto seemed aspirational rather than attainable."

He added: "People who know me will know my passion for sport and so this initiative is one that's very close to my heart.

"We all have talents in life but sometimes we need encouragement and guidance to realise those talents."

The Confident Coaches Programme will take place at the Civic Offices in Barry in October and November with the venue for the Fundamentals of Movement to be confirmed.

Those wishing to book a place on one of the courses should contact the Vale of Glamorgan Council's Sports Development team on 01446 704793 or by email to kjdavies@valeofglamorgan.gov.uk; spaces are limited so please book early.

Barry and District ladies skittle results

BARRY and District ladies skittle results for September 14 are as follows:

First division: Allsorts (H James, R Dawe 26) 256, Special Angels (L Pearce 28) 267; Bobby's Girls (S Snelson 29) 221, Coppers (L Tiley 29) 260; Colcot Ladies (K Taylor 26) 224, Baker's Dozen (M Rockett, R Martin, S Davis 27) 271; Breakaways (L Burnett 32) 301, Cigar Ladies (K Richards 35) 321; Barry Stars (C Lambeth 36) 346, Castle Bandits (D Collard 36) 318.

Second division: Pila Palas (M Staniforth, S Potter 32) 325, Castaways (M Winder 35) 322; Merry Makers (H Davies 23) 215, Cad Con Fillies (S Thurston 23) 230; Rhooose ERavers (A Robinson 26) 220, Vixens (L Galsworthy 29) 251; Witchill widows (S Murray 34) 297, Little Devils (T Evans 35) 309; S V Lights (D Thomas, B Masterman 30) 262, Rhooose Starlights (D Stradlin, A White, K Bryan 28) 270, Witchill Weebies (R Royle 34) 316, After Eights (D Davies, P Mephram 32) 319.

Third division: Rugby Triers (E Nicolou 25) 239, Persuaders (E Gardner 29) 253; S V Ladies (F Butler 29) 278, Hill Billies (M Brinkworth 33) 305; Etcetera (S Taylor 32) 272, Westenders (C Gee 25) 244; Airways Angels (A Sales, L Taylor 23) 211, La Belles (J Cordy

32) 239; Divas (T Sherlock 24) 224, Fallen Angels (J Mason 28) 262; Twilights (M Jenkins 25) 192, Friends and Neighbours (E Western 27) 190; Dolly Mixtures (P Brigham, L Marsh 25) 222, Roller Coasters --.

Fourth division: Guardian Angels (H Marshall 28) 215, Witchill Wanderers (V Kerslake 26) 187; Odd Bods (G Lewis 28) 260, Rebels (C Carter 32) 240; Nite Outers (L Newman 25) 229, Off The Rails (L McCormack 28) 233; Hell Raisers (J Rosser 30) 224, Liberals (S Shier 25) 179; Witches (W Williams 26) 228, Socialites (S Marks 27) 227.

HORSE & HOUND JOURNALIST BRIAN ARMSTRONG HAS PASSED AWAY

BRIAN ARMSTRONG, Horse & Hound's point-to-point correspondent, has died after a long illness. He was 62.

Armstrong, who lived in Somerset and shared the role of press officer for the Wessex area with his wife, Gill, was not only a talented writer, but also a photographer whose pictures were a feature of the magazine's point-to-point and hunter chase coverage.

He had become correspondent in 2007.

For the past two seasons he had defied the debilitating effects of cancer and continued to report from meetings, and over many years had gained the respect of owners, trainers, riders and officials, particularly in the West Country where he rarely missed a fixture.

Clare Hazell, chief executive of the Point-to-Point Authority, said: "Brian was a popular member of the point-to-

by BRIAN LEE



Brian Armstrong

point circuit, whose reporting was always accurate and entertaining. In spite of his illness he continued to attend meetings from the first day of the season until the last. He clearly loved the sport, but gave so much back in his reports.

"We send our sincere condolences to Gill."

Cowbridge's Jeff Bird paid tribute to him:

"Brian Armstrong was one of those rare people of whom it was always a joy to meet. "During the past

season I came across Brian at places as far flung as Brecon and Godstone on successive days and his presence always enhanced the pleasure of the race meeting.

"Mileage never seemed an issue if there was a good meeting to attend. Brian's pieces always rejoiced in the success of winning connections but he never forgot the unsuccessful who had taken part. He was a true gentleman and his reports reflected that.

"Brian and I enjoyed friendly rivalry banter as we had been at different Cambridge colleges, but should a certain horse win The Lady Dudley Cup someday, it will have been at Brian's suggestion that he might be suited by the Chaddersly Corbett track.

"Whatever the outcome, as ever, it was wise advice freely given and much appreciated, something countless point to point folk will miss."

Comprehensive's netballers in action

IT was Cowbridge Comprehensive School year-8's first netball game of the year against Llantwit.

Cowbridge's A team took to the court first. The girls started well and their confidence grew as the game progressed. Excellent work from Amelie in the centre gave Cowbridge the edge.

Emma and Tilly made some excellent interceptions in defence in the first half. The game was very close but brilliant movement from Alice as GA provided Alexa and herself with opportunities to take the lead. Final score 4-2 to Cowbridge.

A team players: Alexa Browning, Alice Rees, Catrin Roy, Annabell S, Amelie Clode, Tilly Gough, Emma Jones, Kate Floyd, Imogen.

Next up were Cowbridge B team. We had two B teams, each played half a game each. B team one took to the court first and played some lovely netball.

The game was very even with both teams defending and attacking well throughout. Lowri made some brilliant interceptions in the first half to slow down Llantwit's attack.

Brilliant work and passing from Sydney and Maisie in the middle provided the shooters with the chances to score.

We missed some key opportunities to get ahead and therefore finished the first half 2-2.

Cowbridge B team were next up and they took over from B team one. Similar to the first half, both teams were evenly matched with both taking the ball from one side to the other.

Tabitha and Lauren V worked excellently together in the middle quarter to feed the ball from defence to attack.

Consistent shooting by Emily H evened the score with one minute left on the clock; unfortunately, Llantwit scored in the last second to win 5-4.

B team one: Izzie Gibbon, Megan Hascol, Elin J, Maisie W, Lily Gibbon, Lowri, Sydney New and Penny R. Man of the match: Maisie Wheaton. B team two: Emily H, Tabitha, Milly R, Lauren V, Molly, Livvy C, Grace G, Seren R, Morgan D and Sophie V. Man of the match: Lauren Verrecchia.

Barry & District league latest results and tables

RESULTS for Monday, September 21:

North/South - 1st Jane Brook/Peter Millar 71.96, 2nd Gareth Stone/Brian Gardner 63.94, 3rd Patsy Cohen/Joy Secular 55.77, East/West - 1st Anne Johns/John Pikoulis 68.43, 2nd Trish Tracy/Diana Jones 65.87, 3rd Hope Hall/Mary Cartwright 55.47.

Wednesday, September 23: North/South - 1st Vernon Pearn/Peter Blackwell 62.12, 2nd Peter Millar/Trish Tracy

54.92, 3rd Bunty Wiseman/Anne Johns 54.73, East/West - 1st Brian Gardner/Pat Verdon 60.04, 2nd Marnie Owens/Jean Sparkes 58.52, 3rd Helen Jordan/Judith Owen 56.44.

Saturday, September 26: North/South - 1st Peter Millar/Trish Tracy 69.84, 2nd Kay Dyer/Reg Dyer 68.65, 3rd Barbara Burden/Sue Attley 55.56, East/West - 1st Bill Leyburn/Lynne Leyburn 62.30, 2nd Brenda Shepherd/Una Gavin 58.73, 3rd Hazel Craig/Peter Craig 51.98.

EK

CRIB DIVISION 1:

Cadoxton Cons 9, Liberals 6; Wyndham Cons 11, Moors Boys 4; West End Runaways 9, Rhooose Social 6.

League table: Wyndham Cons 37, West End Runaways 30, Liberals 28, West End 24, Cadoxton Cons 22, Rhooose Social 20, Moors Boys 19.

SKITTLES DIVISION 1:

Sea View B 6, West End C 1; Allsorts 6, Rhooose Social C 1; Slammers 0.5, King William XII 6.5; Rhooose Social A 3, Cambrian Flyers 4; Rhooosters 2.5, Barries Boys 4.5; Rhooose Social B 5, Rugby Club 2.

League table: Sea View B 19, Rugby Club 14, Liberals A 11.5, West End D 10, Rhooose Social A

10, West End C 8, Allsorts 7, King William XII 6.5, Rhooose Social B 6.5, Rhooosters 6.5, Slammers 6.5, Liberals C 6, Cambrian Flyers 6, Barries Boys 5.5, Rhooose Social C 3.

SNOOKER DIVISION 1:

Savoy A 4, Cadoxton Cons B 1; Rhooose Social C 1, Market Street C 4; Rhooose Social B 3, Cadoxton Cons Z 2; West End C 2, Harbour B 3; Penarth Cons B 2, Caddy Allstars 3.

League table: Savoy A 15, Harbour B 14, West End C 11, Wyndham Cons A 8, Rhooose Social C 8, Caddy Allstars 7, Cadoxton Cons B 7, Market Street C 7, Penarth Cons B 7, Rhooose Social B 7, *Cadoxton Cons Z 5.

SNOOKER DIVISION 2:

Cadoxton Cons A 3, Wyndham Cons D 2; Savoy B 2, Market Street B 3; Liberators 4, Sully Sports A 1; Penarth Cons A 4, West End B 1; Services Social B 3, Wyndham Cons C 2.

League table: Liberators 14, Penarth Cons A 11, Services Social B 11, Wyndham Cons C 11, Market Street B 9, Cadoxton Cons A 8, Savoy B 7, Sully Sports A 6, West End A 6, West End B 6, Wyndham Cons D 6 (* = points deducted).

All league & cup fixtures and results at www.barryleagues.co.uk or on Facebook - search for 'barry leagues'.

JW

Blast from the past – 1987 by Brian Lee

AS my point-to-point blasts from the past have proved popular with readers, or so they tell me, this time we go back to 1987, the year Cowbridge farmer John Llewellyn retained his Welsh riders' championship.

This was also the year that the Vale's Philip Williams rode his first winner in five years and under the heading 'Brave Philip Wins' I reported: 'Philip Williams rode his first winner at the Ystrad Hunt Point-To-Point since breaking his back in a fall five years ago.'

'Riding Keith Pritchards' *Knock on the Head* in the restricted open, the 33-year-old auctioneer from Tonyrefail came with a well-timed challenge to win by three lengths after being slowly away. In the

adjacent, *Amsam* the 20-1 outsider of three gave 19-year-old Vivian Hughes his first winner.

'Polrone, ridden by John Llewellyn, refused to start and the odds-on favourite, *Murray's Gift* fell when leading at the eighth fence. Tim Jones, who rode *Murray's Gift*, notched-up a double with *Loch Raven* in the men's open and *Sweet Rascal* in the Maiden.

'*Loch Raven* was winning over the Llantwit Major course for the third time.'

It is interesting to note that Heather McCaul who took the ladies' open race on *Nun Owen* is now a leading flat race trainer. The 11-year-old *Nun Owen* was owned by Cyril Hughes and qualified with the Monmouthshire Hunt.

This was also the year that Abergavenny farrier Andrew James, now sadly confined to a wheelchair after a race riding accident, rode his first winner under rules at Newton Abbot on Ron Astle's *Ron Canello*, a 33-1 outsider which made every yard of the running. Paul Hamer of Coychurch near Bridgend was in good form at the Llanello Farmers' Point-to-Point. He took the adjacent on *Rogamaja*, the men's open on *Immortal Man* and the restricted on *Atlanta Lady*. Vivian Hughes won the members' on *Patouche* and Sally Lewis the ladies' open on *Chicas Beau*.

Rhonda farmer's daughter Shan Morgan, of *Mandryka* fame, rode her first winner in two years with a 33-1 victory on her father's *Shirley Creppella* in the restricted at the Tredegar Farmers.

Katherine Smith-Maxwell took the members' race on *Pining* and Tim Rooney the adjacent on *Savage Sally*. The ladies' open went to Carol Lee on *Royal Missile*.

Carol's husband Richard has since trained two Welsh Grand National winners at Chepstow. John Llewellyn was successful in the maiden on *Jump To The Beat*. Keith Huntley's *Katesville* was a good winner under Caerphilly's Tim Jones in the men's open.

Jones was also in good form at the Torrington Farmers meeting and I wrote: 'Gwent point-to-pointer *Sweet Rascal* was an impressive winner of the restricted open at the Torrington Farmers. Confidently ridden by Tim Jones of Rudry, *Sweet Rascal*, who is qualified with the Currie Hunt, won by two lengths from *Kyme Warrior*. A former inmate of Milton Bradley's Chepstow yard, the grey *Sweet Rascal* is owned by Mike Clutterbuck.'

In the women's open race Tim's sister Pip Jones, riding John Parfitt's *Egginton*, failed by three lengths to catch *Majetta Crescent* ridden by Carol

Lee. But Pip went away happy in the knowledge that she had won the Grand Marnier female novice riders' championship award.

'Pip, who rode five winners during the season, beat three English riders who had four winners apiece. Four of Pip's wins were on *Egginton*, the horse which gave her her first winning ride at the Llangibby the previous season.'

Another 20-1 outsider of three to win that season was *Shepherd's Walk* who, at the Carmarthenshire with David Jones in the saddle, took the restricted race and it was at this meeting that Bridgend's Jon Tudor won the maiden race on *Hey Sonny* and Treorchy's John Parry-Keen the adjacent on *Bunky Star*.

I also reported the death of Magor horse racing trainer George Williams, aged 72. 'He took out a permit to train racehorses 55 years ago and was believed to be the country's longest-serving permit holder.'

'His well known green and black colours were seen on racecourses up and down the country and last year, at his favourite Hereford track, he saddled the 20-1 winner *Haykazee*.'

'He had an uncanny knack of winning races with old horses and when their racing days were over, he pensioned them off at his Magor farm.'

'He was well known in Welsh point-to-point circles and this season had several horses qualified with the Llangibby pack.'

George always had a friendly word whenever I saw him and his son Alan has carried on the tradition by training and owning horses ever since.

And under the heading 'Llewellyn Retains His Title' I wrote: 'Cowbridge farmer John Llewellyn retained his Welsh Riders' Championship when landing a double at the Llangibby Hunt Point-To-Point Steeplechases with *Jump To The Beat* and *Miss Daffodil*. The former won by three parts of a length from ex-Grand National runner *Another Duke*.'

Some racegoers thought Llewellyn who, at 40, is riding better than ever, had won the men's open on *Purple Haze* – but the judge thought otherwise and announced that *Megiddo*, ridden by Paul Hamer, had beaten *Purple Haze* by a short head.'

Does anyone remember a Cardiff-born blonde called Abigail Richards who was apprenticed to Gavin Pritchard Gordon, and who won a number of races for him in the 1980s? Roysia Boy was one that she won on at Haydock Park when she was aged 20.

DELYTH'S HUNTINGDON SUCCESS

ABERKENFIG'S Delyth Thomas was full of praise for her young rider George Blackwell after he had won the Purebred Arabian Stallions' Handicap at Huntingdon last week on her 17-year-old *Roches Du Cayrou* who, after leading throughout, held on by a short head to beat the favourite *Samuring Zayin*.

Delyth, a former successful rider herself, who has been saddling winners for years, said: 'George is a rider who is certainly going places and I predict a good future for him.'

Roches Du Cayrou is just one of the Arabian horses that Delyth has won with this season and stable star Noble Athlete, who has won six times at Hereford Racecourse, recently chalked-up his 13th success.

George's father, Steve Blackwell, who hung up his riding boots at the age of 39 in 2001 owing to a shoulder injury, started his race riding career by riding a winner on the flat in the 1970s.

The highlights of his race riding career were riding a winner at Cheltenham, the spiritual home of steeplechasing, and riding a four-timer at one of the Welsh border point-to-points some years ago.

BRIAN LEE

MARGARET LIFTS THE BP TROPHY!



Pictured is championship winner Margaret Matthews of BP Ladies, who recently won the trophy in a field of strong competition.

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11 FORD Fiesta 1.6 TDCi Titanium 3-Dr In black, 27,000 miles, £20 road tax **Reduced to £7,495**

62 SEAT Ibiza 1.4 SE 5-Dr In verde lime, 22,000 miles, 1 owner..... **£7,495**

62 KIA Picanto '2' 1.2 Automatic 5-Dr In white, 11,000 miles, 1 owner..... **£6,995**

62 VW Polo 1.2 Match 3-Dr In white, 46,000 miles, low insurance **£6,995**

12 SUZUKI Swift 1.2 SZ3 5-Dr In met-red, 19,000 miles, 1 owner, low insurance **£6,995**

12 FIAT 500 Twinair In red with red leather, 36,000 miles, 1 owner, black abarth alloys **£6,995**

11 SKODA Octavia 1.4 TSi SE Plus 5-Dr In met-grey, 55,000 miles, 1 owner with sat-nav **£6,995**

11 FORD Focus 1.6 TDCi Sport 5-Dr In silver, 39,000 miles, very nice example at **£6,995**

10 FORD Fiesta 1.6 TDCi Titanium 5-Dr In silver, 48,000 miles, low running costs **£6,995**

62 PEUGEOT 208 1.4 Active, 3-Dr metallic purple, 16,000 miles, low insurance..... **£6,995**

60 VAUXHALL Astra 1.6 SE Automatic, 5 door (new shape) in met-grey, 35,000 miles **£6,995**

58 NISSAN Qashqai 1.6 Acentia In met-blue, 59,000 miles, 2 owners **Reduced to £6,995**

61 VAUXHALL Insignia 1.8 Exclusive In silverlake, 43,000 miles, 1 owner **£6,795**

12 SKODA Fabia 1.2 SE 12v 5-Dr In black, 11,000 miles, 1 owner **£6,795**

61 FORD Fiesta 1.2 Edge 5-Dr In silver, 26,000 miles, 1 owner with a/c **£6,495**

61 NISSAN Micra 1.2 Acenta 5-Dr In silver, 14,000 miles, with sat-nav, a/c, £30 road tax **£6,495**

61 SUZUKI SX4 1.6 SZ4 In met-copper, 16,000 miles, very nice throughout **£6,495**

14 VAUXHALL Corsa 1.0 Sting 3-Dr In met-black, 5,000 miles, 1 owner..... **£6,495**

63 FIAT Punto 1.2 Pop 5-Dr In white, 11,000 miles, 1 owner, low insurance **Reduced to £5,995**

10 SKODA Fabia 1.4 TDi Estate In silver, 50,000 miles, low running costs **£5,995**

10 FORD Fiesta 1.4 Diesel Zetec 5-Dr in metallic blue, 34,000 miles, low running costs **£5,995**

59 FORD Fiesta 1.2 Zetec 3-Dr In electric blue, only 27,000 miles from new..... **£5,995**

59 SEAT Leon Ecomotive 1.9 TDi 'S' In black, 71,000 miles, £30 road tax..... **£5,995**

59 HONDA Civic 1.8 SE iVTEC 5-Dr In silver, 66,000 miles, a/c, alloys etc **£5,995**

58 SEAT Leon 1.9 TDi Sky Lance 5-Dr In silver, 72,000, nice example **£5,995**

56 NISSAN X-Trail 2.2 Diesel in birch silver, 68,000 miles with leather, pan roof etc **£5,995**

10 FORD Fiesta 1.4 Zetec 3-Dr In electric blue, 51,000 miles with a/c **£5,695**

12 SKODA Fabia 1.4 SE 5-Dr In white, 57,000 miles, a/c etc **£5,495**

62 KIA Picanto 1.0 5-Dr In black, 41,000 miles, 1 owner..... **£4,995**

59 RENAULT Clio 1.2 Extreme 3-Dr In black, 36,000 miles, low insurance **Reduced to £4,995**

59 VAUXHALL Astra 1.6 Design, 3-Dr In black, 56,000 miles, stylish coupe **£4,995**

60 SMART Fortwo 1.0 Pulse Automatic In met-black, 24,000 miles with a/c etc **£4,795**

13 Citreon C1, VT 3 door sky blue, 18,000 miles, one owner **£4,695**

62 CHEVROLET Spark 1.2 Spark In black, 41,000 miles, £30 road tax **£4,295**

09 FORD Focus 1.6 Zetec 5-Dr In met red, 66,000 miles, ideal family hatch..... **£4,295**

09 SEAT Altea 1.6 Reference In urano grey, 47,000 mile family hatch..... **£3,995**

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57 PEUGEOT 207 1.4 Diesel S 5-Dr. In met grey, 64,000 miles, 2 owners **£3,695**

57 SEAT Ibiza 1.2 Reference 5-Dr In met grey 53,000 miles, low insurance **Reduced to £3,495**

57 Ford Focus, 1.8 Zetec Climate, 5-Dr silver, 64,000 miles, nice example **£3,495**

07 NISSAN Micra 1.2 Spirata 5-Dr In silver, only 38,000 miles with a/c etc **£3,495**

08 CITROEN C2 1.1 Cool In Black 59,000 miles, 1 owner, low insurance..... **£3,295**

07 PEUGEOT 107 Urban 5-Dr In electric blue, 63,000 miles, a/c, c/l, e/w..... **£3,295**

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The clinical Cowbridge Firsts run in eight tries!

LAST Saturday Cowbridge First XV entertained Old Penarthians in the first round of the Swalec Bowl and managed to score eight tries, winning 55-12.

In the early exchanges it was nearly all Old Pens but Cowbridge were clinical on the counter and on eight minutes classy young centre Ashford Thomas jinked through the defence and accelerated away for a try he also converted.

The second came from scrum half Rich Howson with a Gareth Davies-style snipe for the line with Thomas adding the extras. On 25 minutes Old Pens drop kicked out of their 22; hooker Luke Adams, back in the green strip, went on a 25 metre run, scattering defenders before passing overhead to supporting second row Lloyd Stock to race away for a converted try.

On 30 minutes from a strong scrum captain Huw Lougher at fly half broke upfield; centre Will Williams made 30 metres before offloading to full back Rhys Allin, whose magical feet bamboozled the defence and he crossed for a try that started 65 metres out.

Left wing Aaron Glasser got on the scoresheet as the ball was moved through the hands for a converted try. Old Pens got their reward with a converted try for their winger, but right on half-time Lougher gathered a

bouncing ball to cross for a converted try and half-time score of 40-7.

Eight minutes into the second half and Old Pens lost their No 8 to the sin bin and Ash Thomas put over the penalty that followed.

Minutes later, from a great scrum, a run by powerful wing Duncan Evans saw him slip a pass to Howson to jink through for a converted try.

Cowbridge rang the changes with both wings replaced and Tom Larkin and Luke James coming on. At the mid-point Old Pens got their second try when their second row crossed. Steff Kitchen was the final change for Cowbridge.

The last score followed a kick upfield; wing Larkin ran back hard and released Will Williams to outstrip the defence and finish a move that started 55 metres out. As well as good running, there was some excellent defence by the team in an all round performance.

After this enjoyable game the club was full as the excitement went off the scale with the pulsating, nerve-shredding theatre of England v Wales where... well, we know what happened! Good luck again to Wales today (Thursday) against Fiji in what is sure to be another very tough game.

This Saturday the first XV are away to Glyncoch, while the youth are at home to Rumney; both games kick off at 2.30pm and all support, as always, would be most welcome.

RV/RK

Cowbridge Reds cruise a victory in the Cup

ON a beautiful Saturday morning, Cowbridge Town Reds travelled to Sully to play Sully Scorpions in the first round of the under-12 Junior Cup.

The Reds, captained by Akka Guwy, kicked off and immediately went on the attack. The home team defended robustly but the Reds soon started to get the better of the midfield battle and impose themselves on the game. After 10 minutes Craig Tapsfield opened the scoring after a well-timed pass from Ruben Davies. The Reds scored again soon after from a corner kick which was well converted by Ben Cooke.

As the Reds midfield

started to dominate, Ruben scored his first of the day, quickly followed by his second and then completed his hat trick, to make the score 5-0, shortly before the referee blew for half-time.

The Scorpions started the second half positively but quickly lost the ball to Harry Treharne, who made a mazy run down the left beating numerous Sully defenders before placing the ball past the keeper into the far corner.

Shortly afterwards Harry again went on another driving run before laying the ball off to Benji Mulcahy who opened his account. Benji scored again minutes later following a free-flowing length of the pitch move to make the score 8-0.

The Scorpions were then rewarded for their persistence with a consolation goal from a corner kick and had another attempt at goal shortly after which was well saved by Aron

Kempson.

A neat one-two between Benji and Ben saw Benji get his third of the day and the final goal came from Steffan Evans making the score 10-1 to the Reds shortly before the final whistle was blown.

Credit must be given to the Cowbridge boys for picking up the gauntlet laid down by the Scorpions, who, experience has shown, are a tough side to beat.

The Reds remained professional to the end, playing some very attractive football and they look forward to a next round tie against Holton Road with confidence.

Squad: Finlay Ball, Ben Cooke, Tom Collingridge, Ruben Davies, Steffan Evans, Akka Guwy, Rhys Hardman, Will Harries, Aaron Holcombe, Aron Kempson, Tom McCarthy, Toby Mallett, Benji Mulcahy, Ifor Rees, Craig Tapsfield, Harry Treharne.

CB

Bridge results

RESULTS for the Vale of Glamorgan bridge club for September 28:

1st Marjorie Morris & Linda Pinnock 67.56%, 2nd Marion & David Stephenson 63.69%, 3rd Mike Best & David Birt 61.01%.

LE(sec)

Golfers out in force for charity!



SATURDAY, September 26, saw the fourth annual Llancarfan Charity Golf Day in aid of the Cerys Potter Foundation was held at Cottrell Park Golf Club.

Golfers of all standards were thrown together in a Texas Scramble to see who would be champions and hold the bragging rights for the next 12 months.

There were a number of competitions throughout the day; Steve Vink won the nearest the pin on the eighth hole and Maureen Bowen triumphed at the straightest drive, just pipping her playing partner Jane Williams and her husband Aubrey.

The winning four ball were also the best dressed, so congratulations to Nick Crane, Aubrey Bowen, Bobby D and John F. It was a close-fought match with three teams all within a shot of each other; after the game we went back to the Six Bells in Penmark to watch the World Cup rugby.

We'd like to thank the organisers - Matt, Rich, Steve and John, to Mark and James at the Six Bells for prizes and hosting us.

Finally we'd like to thank Cottrell Park for organising a fantastic event that brought together members of the community and raise in the region of £300 for a charity that is very dear to us all in Llancarfan.

JF

Close matches in the fours competition...

ON Tuesday, September 22, the Farmers Arms and the Old Post hosted the first rounds of the fours, a four-player team knock-out competition.

Some excellent darts was played with Martin Thomas (Edmondres B) hitting a 180 (three treble 20s) and Joan Smith (Farmers Arms) hitting a 171 (three treble 19s).

At the Farmers Arms the two victorious teams were the Edmondres C (Mark Dowling, Steve Huish, Noyle Burt, Richie Williams and Marc Lassimer) and the Six Bells (Tony Gratton, Lisa Gratton, Kimberly Gratton and Tim Lewis).

At the Old Post the two victorious teams were the Edmondres B (Martin Thomas, David Cheal, Paul Butcher, Martin Gaffney and Jonathan Cheal) and Llanharri (Gerry Austin, Mike Newble, Tony Denscombe and Lee Davies). These teams will now meet in the

semi-finals to be played at the Farmers Arms on October 13.

Present league standings, after one match, are: Edmondres A and Highwayman Inn (6 points), Farmer's Arms and Six Bells Inn (5), Llanharri and Hare and Hounds (4), Edmondres C and Old Post Ladies (3); Edmondres B are on zero points but are yet to play a match.

Next week, Tuesday, October 6, there is a full programme of league matches. The Edmondres B hosts the Old Post Ladies, Llanharri hosts the Highwayman Inn, the Farmer's Arms hosts the Edmondres C and Six Bells Inn hosts the Edmondres A; the Hare and Hounds do not have a game.

All matches start at 8.15pm and spectators are welcome. For further information e-mail Paul at cowbridgedarts@gmail.com; up-to-date information can be found on the website: www.darts.apsn.co.uk.

PJT



Winning golfers Dai John, Bryan Owen, Brian Jones and Gareth Perkins.

Society take a trip to the Brecon Beacons

MORLAIS Castle Golf Club, a challenging moorland course set in the surroundings of the foothills of the Brecon Beacons with magnificent scenic views, proved an ideal venue for the recently held monthly meeting of the Glamorgan Farmers' Golf Society.

Playing for the Arthur John & Co Cup and also for the quality prizes made available by generous sponsor Mr Dai John, the day's competition was keenly contested with just four stableford points separating the top five contestants.

Leading the field with 31 stableford points was former Whitland warrior Bryan Owen, whose distinguished rugby career playing in the centre or on the wing drew much attention at the time from the bigger clubs and which is well documented.

Selected to represent both Cardiff University and The University of Wales eventually led fitness fanatic Bryan to play first class rugby with Penarth and Newport before ending his career with Cowbridge.

Runner-up with 30 points was former point to point jockey Gareth Perkins followed in third place by Society captain Brian Jones, regarded as the best uncapped prop

forward in Wales. Taking fourth place with 27 points was another former star of Cowbridge Rugby Club, Dai John, whose 'big hits' playing as prop or in the second row are still talked about - surely a call from Warren Gatland would not be such a surprise!

Nearest the pin on the Llanerch Vineyard sponsored par three holes were Raymond Thomas and Tony McCarthy. Martin Edwards hit the longest drive on the selected hole to win the Bear Hotel, Cowbridge sponsored prize with offspring Mark Edwards taking the honours in the section for guests when scoring 30 points.

Veteran member Aubrey Thomas correctly guessed 46 balls would fail to return home to collect the Premier Turf sponsored bottle of whisky which also raised £50 for the Macmillan Cancer support Charity.

Society members are now looking forward to their annual tour which will be staged in the Torbay area starting today (October 1) when they visit Dainton Park Golf Club just outside Newton Abbot.

Competing for the David Evans [Agriculture] Ltd Trophy, this 54 hole competition will also include visits to Torquay Golf Club on Friday, October 2 and to Churston Golf Club for the final round on Saturday October 3.

T.McC

We welcome your sports news and reports - email us at: gemeditorial@tindlenews.co.uk



WALES' RUGBY WORLD CUP BID IS ON COURSE

Rorke's Drift defiance overcomes the odds



Depleted Wales withstand White heat and 'all for one' spirit wins through!



Above, Gareth Davies stuns Twickenham to silence with his try. Centre, Dan Biggar applies the coup de grace. Above right, the celebrations begin. Pictures by Huw Evans Agency.

"WELCOME to the biggest game in Rugby World Cup 2015 – the whole rugby world has been waiting for this!" – came the stadium announcement, as over 81,000 spectators (most of them home supporters in white) took their seats at an expectant Twickenham on Saturday evening.

An extravagant claim, perhaps, for what after all was just one pool match among many in a global contest that includes the likes of second-ranked Australia and champions New Zealand and had no immediate bearing on the final outcome still over a month away.

But this was England versus Wales – a full-blooded clash between two arch rivals which for drama and excitement was worthy of the World Cup Final itself – such was the nail-biting intensity of a pulsating, edge-of-the-seat encounter that surely rivalled anything that had gone before in 127 meetings since the first one on February 19, 1881.

It was also the defining moment when head coach Warren Gatland's injury-ravaged Welsh team would finally come of age and boys became men in the white heat of a truly heroic, backs-to-the-wall, Rorke's Drift effort that saw them win through 28-25 – literally again the odds.

The bookies, the London-based media, and even some doubters at home – had written off Welsh chances and made England overwhelming favourites.

For if the previous week Wales had been giant Goliath facing the boy David (Uruguay), this time the situation was completely reversed facing a dominant England side that from the outset, and indeed for two thirds of this game, looked as though they were going to pummel a decimated Wales team off the park.

...Ah, but not quite, for this was the night a wounded red dragon breathed fire and defiance – epitomised by man-of-the-match outside half Dan Biggar, who time and again coolly silenced the thunderous taunts of 'Swing low, sweet chario-of' rolling around the stadium, and kept Wales in the hunt with an immaculate kicking display whenever they threatened to be overwhelmed by the English juggernaut.

Before the home team was known, Wales' defence coach Shaun Edwards had warned that England posed a potent attacking threat: "They can hit you in all ways with electric backs and can play expansive rugby, but they can also go through the forwards with a mauling game. We will have our hands full."

And, in truth, the latter was the case throughout a grim first half, which saw the tournament hosts totally dominating the set piece and loose exchanges, and with an outmuscled Wales desperately fighting a rearguard battle for territory and possession.

They had gone into this must-win pool A clash already cruelly hit by an unprecedented injury toll of key world class players, including influential centre Jonathan Davies,

BACK PAGE COMMENT

by Don John

kicking ace Leigh Halfpenny and player of the year, scrum half Rhys Webb. Alas, the injury jinx struck again, with gifted full back Liam Williams (only recently returned from injury) impressive centre Scott Williams and young wing Hallam Amos, all forced to leave the field – leading to a drastic player reshuffle – with replacements coming on to play out of position.

By the end, the battlefield resembled a casualty clearing station – prompting Gatland to comment that he was "fast running out of players" – as the Welsh camp counted the cost of a remarkable victory that is destined to go into the annals of Welsh rugby lore.

It had been meticulously plotted and forged by Gatland hundreds of miles away from Twickenham during the summer – at punishing 'boot camps' in the blistering heat of Qatar, on the rarified heights of the Swiss Alps, and in the infamous cryotherapy 'ice chamber' at their Vale Hotel base – to achieve optimum physical fitness and mental conditioning.

However, as Edwards intimated, fitness *per se* is not enough – more is required to win Rugby World Cups.

Last week this column concluded... "There is something in the all for one, one for all spirit in this depleted Welsh camp that could yet see

them confound the cynics" (at Twickenham).

It was this unquenchable spirit that shone through and ultimately was the difference between the two sides.

How else to explain how a group of players so decimated and disrupted by injury could not only withstand such immense, sustained pressure from one of the World Cup favourites, but in the closing minutes turn the tables and snatch victory at the death – thanks to Biggar's unerring boot and one moment of inspired awareness?

It came as replacement Lloyd Williams, a scrum half playing out of position on the left wing, broke away down the touchline, looked up and cleverly chipped inside to waiting scrum half Gareth Davies, who adroitly gathered the ball off his toes and dived under the posts for a try converted by man-of-the-match Biggar. This matched opposite number Owen Farrell's tally and cancelled out Jonny May's try to level the score at 25-25.

He then applied the *coup-de grace* with a monster kick from halfway worthy of Halfpenny himself.

There was time for one last moment of high drama when England unaccountably spurned a penalty chance that would have levelled the match. They opted instead for a kick to the corner, line-out and drive – but were unceremoniously bundled into touch by a ferocious 'they shall not pass' Welsh counter shove.

Fittingly, Biggar it was who brought proceedings to a close with

a lob out of play as the final whistle sounded – to a roar of absolute delight from the vastly outnumbered Welsh supporters in the stadium, multiplied tenfold in pubs and clubs across the land!

It was a day when, in the immortal words of Max Boyce, those of us who were privileged to be present were proud to say – 'I was there!'

Of course, this is not the end of the story for bruised and battered Welsh bodies that have had barely four days to recover before having to face the dangerous Fijians at 4.45pm in the Millennium Stadium today (Thursday) in their third pool match.

After Saturday's heroics, few doubt that they will be up to the next challenge and this time they will have their '16th man', the home crowd, spurring them on!

WALES TEAM TO FACE FIJI

Matthew Morgan (Bristol Rugby), Alex Cuthbert (Cardiff Blues), Tyler Morgan (Newport Gwent Dragons), Jamie Roberts (Harlequins), George North (Northampton Saints), Dan Biggar (Ospreys), Gareth Davies (Scarlets), Gethin Jenkins (Cardiff Blues), Scott Baldwin (Ospreys), Tomas Francis (Exeter Chiefs), Bradley Davies (Wasps), Alun Wyn Jones (Ospreys), Dan Lydiate (Ospreys), Sam Warburton (Capt - Cardiff Blues), Taulupe Faletau (Newport Gwent Dragons).

Replacements: Ken Owens, Aaron Jarvis, Samson Lee, Luke Charteris, Justin Tipuric, Lloyd Williams, Rhys Priestland, James Hook.



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